



# RECREATION Spring 2017 BANNER

## Recreation Department

1158 Wayside Road  
Tinton Falls, NJ  
07712  
(732) 493-0225

Email: [recreation@arcofmonmouth.org](mailto:recreation@arcofmonmouth.org)

### ***Welcome to Recreation!***

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and fax/mail/email the form to the Recreation Department. For new participants, please contact our office for our welcome package!



Celebrate the holidays early this year  
with us in paradise!  
See page 4 for more details!

### **The Broadcast Club Presents...**

## ***Bugsy Malone***

**Date:** Sunday, May 21, 2017

**Time:** 3:00 PM

**Location:** Seabrook Village

**Cost:** \$10 for anyone 12 and over

*To register for tickets and for more  
information, please see page 6.*

Mark your calendars!

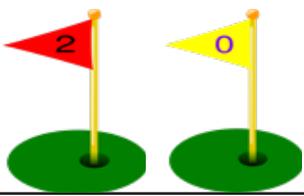
***The Arc Annual Meeting***  
***Tuesday, June 27, 2017***

*Check the website in May for  
further details!*  
[www.arcofmonmouth.org](http://www.arcofmonmouth.org)

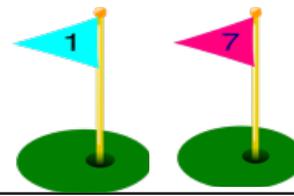
The Recreation Office will be  
closed due to a Recreation trip  
to Tennessee from:

***April 22 - April 29, 2017***

All regular weekly programs will  
continue as scheduled! Call for  
availability on the trip.



# Programs



## Advanced Golf

This is an instructional program that focuses on improving your game and preparing for competition. Michelle and Krissy will provide 45 minutes of instruction of special skills such as full swing, chipping, pitching, bunker shots and trouble shots, and putting. This program will prepare you for Special Olympics competition for the athletes who are interested.

### Spring

**Dates:** Mondays, April 10 - May 22, 2017

**Time:** 5:45 - 7:30 PM

**Cost:**

\$75 for members of The Arc  
\$85 for non-members

**Location:** Twin Brook Golf Center

### Summer

**Dates:** Mondays, June 5 - August 28, 2017

**Time:** 5:45 - 7:30 PM

**Cost:**

\$115 for members of The Arc  
\$125 for non-members

**Location:** Twin Brook Golf Center

### Fall

**Dates:** Mondays, September 11 - October 16, 2017

**Time:** 5:45 - 7:00 PM

**Cost:**

\$50 for members of The Arc  
\$60 for non-members

**Location:** Twin Brook Golf Center

NO CLASS 7/3/17

## Beginner/Intermediate Golf

This program includes months of instruction and guidance through our volunteers and the golf pro on site. You will work at various venues including the driving range, putting green and the mini-golf course. The intermediate golfers will also have the opportunity to play on the par 3 golf course. This program will prepare you for the Special Olympics golf competition for the athletes who are interested.

### Summer

**Dates:** Mondays, June 5 - August 28, 2017

**Time:** 6:30 - 7:30 PM

**Cost:**

\$75 for members of The Arc  
\$85 for non-members

**Location:** Twin Brook Golf Center

### Fall

**Dates:** Mondays, September 11 - October 16, 2017

**Time:** 5:45 - 7:00 PM

**Cost:**

\$50 for members of The Arc  
\$60 for non-members

**Location:** Twin Brook Golf Center

NO CLASS 7/3/17

## Golf Open House

Come join us as we kick off the golf season with a FREE clinic with our Golf Pros, Michelle and Krissy at Twin Brook Golf Center! The day will be filled with games, mini-tournaments and lots of fun! This clinic is open and free to all participants, but you must register in order to attend. This is a great opportunity to give golf a try!

**Date:** Sunday, May 7, 2017

**Time:** 1:00 - 3:00pm

**Location:** Twin Brook Golf Center  
1251 Jumping Brook Road  
Tinton Falls



# Programs/Special Events

## Yoga

Kelly, our certified yoga instructor is returning for another session of yoga. The class will go over gentle movement, breathing techniques and relaxation to help disconnect from the stressors of life.

**Dates:** Wednesdays, May 3 - June 21, 2017

**Time:** 7:00 - 8:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$45 for members of The Arc  
\$55 for non-members



## Blockbuster Movie Night

We will be having a Blockbuster Movie Night here at The Arc Center. Pizza will be served for dinner along with snacks and drinks throughout the night. Come enjoy a night out with friends!

**Date:** Friday, June 23, 2017

**Time:** 7:00 - 9:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$22 for members of The Arc  
\$32 for non-members

## Hayride & Roasted Marshmallows at Allaire Farm

Join us at Allaire Farm for an evening consisting of a hayride, horseback ride or a ride in a horse drawn cart, and time to interact with many farm animals. A light dinner is included and marshmallows to roast by the campfire.

**Time:** 6:00 PM - 8:00 PM

**Date:** Thursday, June 1, 2017

**Location:** Meet at Allaire Community Farm at 2840 Allaire Road, Wall. (Right down the street from Wall Municipal building).

**Cost:** \$40 for Arc members,  
\$50 for non-members

Or Meet at The Arc Center at 5pm for transportation \$15

## Fitness

Under the guidance of Randi Rae, you will have the opportunity to lose weight and become healthy while having a fun workout with your friends. For a less strenuous workout try our yoga program.

**Dates:** Wednesdays, May 3 - June 21, 2017

**Time:** 7:00 - 8:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$45 for members of The Arc  
\$55 for non-members



## Candy & Crafts

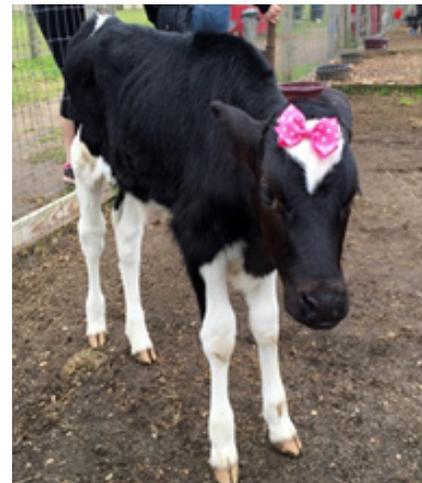
Take home some sweets and homemade crafts to welcome spring and Easter!

**Date:** Wednesday, April 12, 2017

**Time:** 7:00 - 9:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$25 for members of The Arc  
\$35 for non-members



# Special Events/Overnights

## The Buddy Holly Story

See the man, hear the music and relive the life of a legend! Join us for an evening at the Algonquin Theater in Manasquan!

**Date:** Friday, April 7, 2017

**Time:** Meet at The Algonquin Theater at 7:30 PM  
Pick up from theater at 10:45 PM

**Location:** Algonquin Theater  
173 Main Street, Manasquan

**Cost:** \$45 for members of The Arc  
\$55 for non-members

\*\* Limited transportation from The Arc Center will be available for \$15\*\*

**WAIT LIST ONLY**



## Kentucky Derby Party

Join us for a night at The Arc Center celebrating the Kentucky Derby! We will watch a horse movie and play derby related games. With dinner, the derby and friends this will be a fun filled night for everyone. Dinner and desert will be served. Feel free to wear derby hats and attire!

**Date:** Saturday, May 6, 2017

**Time:** 6:00 - 9:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$30 for members of The Arc  
\$40 for non-members



## Holiday Cruise

Here is the perfect opportunity to soak up some warm sunshine and relax before the bustle of the holidays. Join us for this great cruise on Norwegian Cruise Line's Breakaway Ship to the Bahamas and Florida. We depart from New York and our first stop is Port Canaveral giving us the opportunity to visit a Disney Park decked out for the holidays. Then we head to beautiful Bahamas and the Great Stirrup Cay (NCL's private island). The price is based on cabins with triple occupancy. This ship is one of the newer ships that offers many different activities on board. Friends and families are welcome to join. A passport will be needed for this trip.

**Dates:** December 15, 2017 - December 22, 2017

**Cruise Ship:** Norwegian Breakaway

**Estimated Price:** Members of The Arc: \$1,675

Non-members: \$1,750

**Guests:** Call for pricing

**Deposit:** \$300





# Step Up for The Arc **WALK & 5K**

Saturday, April 8, 2017  
Asbury Park Boardwalk

*Live Music • Free BBQ • Games • Giveaways • Free Pinball*



***Join us for another year on the boards of Asbury Park!***

*Step up for The Arc of Monmouth and race for the finish line, or grab your friends and family and enjoy an exciting walk with a view.*

*You don't want to miss this year's after-party inside Convention Hall, featuring live music, giveaways, games and delicious food!*

**TOP FUNDRAISERS WILL WIN GREAT PRIZES!**

**REGISTER NOW:  
[www.arcofmonmouth.org/walk](http://www.arcofmonmouth.org/walk)  
732-493-1919 X 125**

# The Broadcast Club Presents...

## ***Bugsy Malone***

Come support the Broadcast Club this spring for their first full show in many years. Based on the 1976 film with gangsters and flappers with dancing and singing. Join us to share this special day with friends and family.

**Date:** Sunday, May 21, 2017

**Time:** 3:00 PM

**Location:** Seabrook Village 3000 Essex Road, Tinton Falls, NJ

**Cost:** \$10 for anyone above the age of 12

Please register on this form and return, or sign up through the registration page with your other programs!

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### **Bugsy Malone Tickets**

**Name:** \_\_\_\_\_

\_\_\_\_\_ ***Tickets for anyone over 12 (\$10 each)***

\_\_\_\_\_ ***Tickets for anyone under 12 (free)***

\$ \_\_\_\_\_ ***Total amount enclosed***

***Please return this form to:  
The Arc of Monmouth  
1158 Wayside Road  
Tinton Falls, NJ 07712***





Nonprofit Org.  
U.S. Postage Paid  
New Brunswick, NJ  
Permit #1

**Dated Material**

## Recreation Program

**Cindy Wieggers**  
Recreation Director  
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**Johanna Merry**  
Recreation Sub  
Email: [jmerry@arcofmonmouth.org](mailto:jmerry@arcofmonmouth.org)

Direct Office Line: (732) 493-0225  
Email: [recreation@arcofmonmouth.org](mailto:recreation@arcofmonmouth.org)

### **The Arc of Monmouth & Recreation are on Social Media!**

For everyone who is on social media please follow our Arc of Monmouth pages. We are on ***Facebook, Twitter, Instagram, YouTube, LinkedIn and Pinterest!***

All of these pages are great ways to stay informed about not only Recreation, but our other departments throughout the agency as well. You can easily find all of the links to these different pages on our main website: [www.arcofmonmouth.org](http://www.arcofmonmouth.org) by clicking on the specific icon.

