



RECREATION BANNER

Fall 2018

Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Phone: (732) 493-0225

Email: recreation@arcofmonmouth.org

Website: arcofmonmouth.org/recreation

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!

Longwood Gardens Christmas Bus Trip *Open to All!!!!*

What better way to put you in the holiday spirit as a visit to Longwood Gardens in Kennett Square, PA? Take a break from the commercialism of the holiday and enjoy the peace and beauty of nature, dressed for the season. Poinsettias, magnificent trees, and fragrant flowers transform the Conservatory into a holiday wonderland. Outside, colorful fountains dance to festive music, strolling carolers herald the season with song, and a half-million twinkling lights await. If this sounds amazing, join us for the day trip. This trip is open to everyone. We will travel by private chartered bus. Please note, the gardens require a lot of standing and walking.



Cost without supervision: \$75—This includes bus transportation, group leader, and admission to the gardens. Approval for recreation participants to attend at this level is at the discretion of recreation staff.

Cost with supervision: \$115—This includes bus transportation, \$20 gift card toward a meal at the gardens, admission, and staff supervision at a 1 to 4 ratio.

Date: Tuesday, December 11, 2018

Time: Meet at The Arc Center at 11:30 AM, depart at 12 Noon. *Eat lunch before getting on the bus.* Return to The Arc Center approximately 9 PM

Limited to 40 people

Programs



Fitness and Yoga

Randi and Kelly will both be returning for a full year of Fitness and Yoga to stay in shape. Fitness is a high energy workout and combines a variety of music, dance, and exercise. Yoga is a low energy workout and offers gentle movement, breathing techniques, and relaxation. If you sign up for all three sessions, you can receive a discount. This will also eliminate the need to register for each session individually in the next banners.

Dates: Wednesday evenings

Session 1: September 26—November 14, 2018
(no class on Halloween, 10/31)

Session 2: January 16—March 6, 2019

Session 3: March 20—May 8, 2019

Time: 7:00—8:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$55 per session for Members of The Arc
\$65 per session for Non-members

\$140 for all 3 sessions (Members)

\$165 for all 3 sessions (Non-members)

Healthy Living

This class is dedicated to healthy eating, hygiene and maintaining a healthy mind and body! You will be discussing all the important aspects of a healthy lifestyle and how to apply them in your daily living.

Date: Wednesdays, October 3, 10, 17, and 24

Time: 8:15 - 9:00 PM (After Fitness and Yoga)

Cost: \$35 for Members; \$45 for Non-Members

Location: The Arc Center, Tinton Falls

Blockbuster Movie Night

The Recreation Department is hosting another Blockbuster Movie Night at The Arc Center. Come join your friends as we watch the movie on the big screen. An optional movie will be available. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

Date: Friday, September 14, 2018

Time: 6:30 - 9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 for members, \$32 for non-members

Creative Cooking

Our volunteer chefs are back to provide great recipes for some quick and easy

crockpot meals. Eat a light meal beforehand since you will be sampling your creations.



Dates: Tuesdays, Oct 30, Nov 13, Nov 27

Time: 7:00—9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$65 for Members of The Arc;
\$85 for Non-members

If you need a crockpot, add \$20.

Broadcast Club

Our beloved Colleen Kahl is off to another adventure in the city and at this time cannot commit to the Broadcast Club. An open meeting is scheduled in September with past and future cast members to discuss our options. Come share your ideas.

Date: Thursday, September 6, 2018

Location: The Arc Center

Time: 7:00 - 8:00 PM

After the meeting a screening of The Wizard of Oz will be offered for anyone that did not get a chance to see it on the big screen. That will end at 9:30 PM

BOWLING LEAGUES



JOYMAKERS

Dates: Wednesdays,
Sept 26 - May 22 2019
NO Bowling January/February
Time: 3:30 - 5:00 PM
Location: Bradley Beach
Bowl, 1212 Main Street,
Bradley Beach, NJ
Cost: \$30 registration fee,
\$100 weekly bowling fees

KEANSBURG KEGLERS

Dates: Thursdays,
Sept 13-May 11 2019
Time: 4:00 - 6:00 PM
Location: Airport Plaza, Route 36,
Hazlet
Cost: \$30 Registration fee
\$195 weekly bowling fees
Weekly bowling fees for this
program can be broken up into
two installments

MIGHTY MONARC

Dates: Saturdays,
Sept 8 - June 15 2019
Time: 10:00 - 11:30 PM
Location: Airport Plaza,
Route 36, Hazlet
Cost: \$30 Registration fee
\$215 weekly bowling fee
Weekly bowling fees for this
program can be broken up into
two installments

Special Olympics

Please indicate on the Registration Page that you are interested in participating in this year's Special Olympics Bowling Competition. To be eligible you must have scores from 15 games and an updated Special Olympic Medical Form with The Recreation Office.

Family Feud

If you attended the game night featuring "Name that Tune", you will know how much fun this next game night will be! The knowledge and support demonstrated by everyone was so amazing, we decided to do it again. The Circles Club will help in hosting this event, and we are offering Family Feud. So get your thinking caps on and join us to see what the "survey says" for the top answers. Pizza and snacks will be served.

Dates: Friday, October 12, 2018
Time: 6:30—9:30 PM
Location: The Arc Center in Tinton Falls
Cost: \$22 Members; \$32 Non-members

Tuesday Night Social

At the Tuesday Night Social you can socialize with friends, enjoy light snacks, play board games, or dance the night away! This 9 month program is sponsored by Reverend J.B. Coyle Knights of Columbus Council and the Seals Family. It is held on the **first Tuesday** of the month from 7:00 - 8:30 PM at St. Dorothea's on Broad Street in Eatontown. Limited door-to-door transportation available for a fee.

Begins: Tuesday, October 2, 2018
Time: 7:00 - 8:30 PM
Location: St. Dorothea's 240 Broad Street,
Eatontown
Cost: \$20 for members, \$30 for non-members

Special Events



American Museum of Natural History

We are joining the Monmouth County Park System on this bus trip to New York. Meet at Thompson Park at 8:15 AM for 8:30 AM departure, and return at 5 PM. Just bring money for lunch and souvenirs. Don't forget an ID.

Date: Saturday, October 6, 2018

Cost: \$100 for members of The Arc
\$125 for non-members

Location: Meeting at Thompson Park, on Newman Springs Road in Lincroft at 8:15 AM

Limited to 10 people

Phoenix Productions Hunchback of Notre Dame

Sign up for this great musical put on by Phoenix Productions. The show is held at Count Basie Theater, 99 Monmouth St in Red Bank. Meet at the theater at 2:30 PM with pick-up at 6PM for those interested in only seeing the show. If you want to join for dinner after the show, we'll be eating at Juanita's Mexican restaurant. Pick-up after dinner will be 8:15 PM.

Date: Sunday, November 11, 2018

Showtime: 3:00 PM

Option 1: Show Only \$55 for Members of The Arc,
\$70 for Non-members

Option 2: Dinner & Show \$85 for Members of The Arc,
\$95 for Non-members



Friday Fright Night Halloween Party at the Arc Center

This evening will put you in the 'spirit' with plenty of Halloween themed games and activities.

Bring a themed snack to enter the contest.

Prizes will be given for best costume and snacks. If you are not into the games, a scary movie will be offered during the evening.

Date: Friday, October 26, 2018

Location: The Arc Center

Time: 7:30 - 10:00 PM

Cost: \$15 for members of The Arc, \$25 for non-members



DJ Experience

Calling all Potential DJs—Fee for Service // Supports Program

Learn the all the skills required to become a professional DJ in a series of hands-on workshops by Randi Rae. Learn business and entrepreneurial skills, while building confidence and demonstrating DJ skills at community events. This class is offered through The Achievement Zone (not recreation) and your supports budget may be used for the class as well as private pay.

Dates: October 16, 2018 - December 4, 2018

Time: Tuesdays 1pm - 3pm

Location: The Arc Center

More information regarding costs or Supports units available upon request. Contact Damaris Scalzi at 732.493.1919 ext 440.

Looking Ahead...



Mark your calendars for the last week of October in 2019 for the most amazing experience. Go to greatestescapelakeside.com to check out a similar house. The house that we are renting is brand new and will be finished in early Spring, 2019.

This is a gigantic 15 Bedroom home featuring a themed game in every room. The 10 acre property includes a huge concrete "human board game" outside surrounded by other games, like giant Yahtzee and giant Battleship! This will be like having our own private resort!

The house opens in spring 2019 and is located just outside of Orlando and Disney Parks. This trip will offer the best of the best. A visit to one Disney or Universal Theme Park and a 4-night stay in the most amazing house. The house also offers our own movie theater, night club, laser tag, karaoke, life size games, skee ball, human bowling, etc. The beautiful grounds offer many life-sized outdoor games, an outdoor kitchen, billiard-shaped pool and lazy river, and a campfire area in a park-like setting.

What the house does not offer, however, is an elevator and privacy. Each bedroom is game-themed so your housemates will be entering your room to play the game. Restrictions will be applied and procedures put in place to secure personal items. Some bedrooms are on the first floor, but this is not a fully accessible home.

Two options will be offered to get there. We have some that wish to travel by train and others who prefer plane. Details will be sent out in the New Year. Prices will vary depending on mode of transportation.

Estimated cost is about \$1700.

Visit www.greatestescapelakeside.com to see an example of the house.

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

Recreation Office Hours:

The Recreation Department office hours are 9:30 AM—4:30 PM, Monday through Friday.
The office phone number is (732) 493-0225.

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

\$25 Regular Member
\$35 Supporting Member
\$50 Patron
\$100 Benefactor
\$200 President's Council
\$500 Arc Angel



Fall 2018 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

Programs		
<input type="checkbox"/> Blockbuster Movie Night (9/14)		
<input type="checkbox"/> Creative Cooking (10/30, 11/13, 11/27)		
<input type="checkbox"/> Broadcast Club Meeting (9/6)		
<input type="checkbox"/> Fitness & Yoga	<input type="checkbox"/> Session 1 (9/26—11/14)	<input type="checkbox"/> Session 3 (3/20—5/8)
	<input type="checkbox"/> Session 2 (1/16—3/6)	<input type="checkbox"/> All 3 Sessions— <i>Receive Discount</i>
<input type="checkbox"/> Healthy Living (10/3, 10/10, 10/17, 10/24)		
Bowling		
<input type="checkbox"/> Joymakers	<input type="checkbox"/> Keansburg Keglers	<input type="checkbox"/> Mighty Monarc
<input type="checkbox"/> I'm interested in Special Olympics Bowling Competition		
Special Events		
<input type="checkbox"/> Longwood Gardens Bus Trip (12/11)	_____ # Tickets with supervision	
Open to All!	_____ # Tickets without supervision	
<input type="checkbox"/> Family Feud (10/12)		
<input type="checkbox"/> Tuesday Night Social	<input type="checkbox"/> I need transportation	
<input type="checkbox"/> American Museum of Natural History (10/6)		
<input type="checkbox"/> Hunchback of Notre Dame (11/11)	<input type="checkbox"/> Show Only	<input type="checkbox"/> Dinner & Show
<input type="checkbox"/> Friday Fright Night Halloween Party (10/26)		
Overnight		
<input type="checkbox"/> The Great Escape—Send me details!		

Please send this registration form back to the Recreation office. Please do not send in any money at this time.

1158 Wayside Road
Tinton Falls, NJ 07712



Recreation Program

Cindy Wiegers

Recreation Director

Email: cwiegers@arcofmonmouth.org

Direct Office Line: (732) 493-0225

Email: Recreation@arcofmonmouth.org

Office Hours

9:30 AM—4:30 PM

Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-0225 for cancellations.

CREDIT CARD PAYMENTS

Please do not make a payment until you have
received written confirmation of being registered
for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-0225, email hr@arcofmonmouth.org, or complete the online form at arcofmonmouth.org/volunteer.html