## **Twelve-Week Program**

## Serve and Learn at Red Bank

is based at
The Arc of Monmouth
Employment Office
135 Monmouth Street
Red Bank, NJ 07701
(732) 345-9171

Transportation to and from the program is the responsibility of the participant. The Arc may assist with transportation arrangements upon request.

Participants will be required to complete a formal application and agree to specific rules as required by our partner agencies such as compliance with dress codes.

Participants will need spending money to cover expenses such as public transportation and when purchasing lunch.

## **Enrollment**

# Serve and Learn at Red Bank

Wednesdays

9:30 a.m. to 3:30 p.m.

Contact us for session dates

(732) 493-1919 ext 665 email slogan@arcofmonmouth.org

The Arc of Monmouth is a a DDD approved provider of Self-Directed Services

#### The Arc of Monmouth

1158 Wayside Road Tinton Falls, NJ 07712 Phone: 732-493-1919

Fax: 732-493-3604 www.arcofmonmouth.org



of Monmouth

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# Serve and Learn at Red Bank



Community based volunteering and classroom learning

#### Welcome!

The Arc of Monmouth is proud to offer *Serve and Learn at Red Bank* for adults with intellectual and developmental disabilities. The Arc has partnered with Lunch Break, Red Bank and The Arc of Monmouth's Thrift Shop to offer this exciting twelve week program.

The Arc's Serve and Learn at Red Bank is composed of a community based volunteer opportunity and a classroom learning experience focusing on work skills. The goal of the program is to provide participants with a hands-on work experience through volunteerism and provide a classroom session which will reinforce work skills and address work related concerns. Participants must attend both morning and afternoon sessions. Participants will work six-weeks in one location, followed by another six weeks in the other location.

## Program Description

#### **Morning Session**

Lunch Break - Dr. James Parker Blvd Participants will volunteer serving lunch to community members, learn simple food preparation, assist in the food pantry and help prepare food baskets for distribution. Lunch will be offered at no cost. Participants will use public transportation between Lunch Break and The Arc office. The Arc staff will provide training and supervision.

The Arc of Monmouth Thrift Shop - Monmouth St. Participants will have opportunities in the retail sector including learning inventory, the art of displaying and shelving merchandise, proper folding and hanging of clothing, and organizing items. After work, participants will purchase lunch at a local eatery. Walking to and from the thrift shop is required.

#### **Afternoon Session**

<u>Job club</u> - An Arc staff will use an established curriculum to teach prevocational and community work skills. Participants will review their morning experience and address issues that may arise.

## Admission Criteria

Serve and Learn was developed to serve adults ages 21 and above. Acceptance into the program is based on assessment by Arc staff.

Serve and Learn provides a 1:4 staff ratio and is limited to eight individuals at this time. Participants must be able to administer their own medication and be capable of attending to their personal hygiene.

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully towards others. Participants must follow rules established by our partner agencies.

Participants will be required to use public transportation and/or walk at least one-half mile to and from the volunteer site regardless of weather conditions.

Participants must have sufficient emotional and independent stability to participate in all aspects of the program.



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