

## Fourteen-Week Program

The Arc offers transportation  
from two central locations in  
Eastern Monmouth  
and  
Western Monmouth County

### Eastern Monmouth:

The Center at Eatontown  
20 Meridian Road  
Eatontown, NJ 07724  
(732) 389-5256

### Western Monmouth

Western Monmouth Center  
200 Campus Drive  
Suite 200F  
Morganville, NJ 07751  
(732) 536-8081

Transportation between  
Brookdale Community College  
and CentraState Fitness and Well-  
ness Center is provided by The  
Arc.

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## **Enrollment**

## **Great Expectations**

Fridays  
10:00 a.m. to 4:00 p.m.

Fall and Spring Sessions  
(Contact us for session dates)

(732) 493-1919 ext 700  
or email  
slogan@arcofmonmouth.org

*The Arc of Monmouth  
is a DDD approved  
provider of  
Self-Directed Services*

**The Arc of Monmouth**  
1158 Wayside Road  
Tinton Falls, NJ 07712  
Phone: 732-493-1919  
Fax: 732-493-3604  
www.arcofmonmouth.org



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## **Great Expectations**



*A community based  
enrichment opportunity  
focusing on academics,  
social skills and  
physical fitness*

## Welcome!

The Arc of Monmouth is proud to continue this popular program for adults with intellectual and developmental disabilities. The Arc has partnered with Brookdale Community College and Centra State Fitness & Wellness Center to offer this exciting twelve-week program.

The program operates on Fridays. There are two sessions, Fall and Spring. Contact us for dates. Hours are 10:00 a.m. to 4:00 p.m.

Participants will meet at a designated Arc site and will then be transported by Arc staff to Brookdale and CentraState. At the end of the day, students will be returned to The Arc site.

Participants must meet the admission criteria including standards set by CentraState Fitness & Wellness Center. A separate Centra State application form must be completed prior to acceptance into the program.

## Program Description

### Brookdale Community College

- Academic Enrichment Classes: Students will participate in offerings such as poetry, American history, ancient history, drama, first aid, science and nature, money management skills, self-advocacy and autobiographical writing.
- Social Skills Classes: Students will be provided the opportunity to problem solve events that affect their lives on a daily basis and role-play situations that occur. Students can also discuss their feelings about living with disabilities and how they overcome obstacles they come across.

### Centra State Fitness & Wellness Center

Participants may participate in a swimming activity or use available services. Lifeguards are on duty at all times.

## Admission Criteria

Great Expectations was developed to serve adults ages 21 and above. Acceptance into the program is based on assessment by Arc staff.

Great Expectations provides a 1:4 staff ratio and is limited to twelve individuals at this time. Participants must be able to administer their own medication and be capable of attending to their personal hygiene.

Participants must demonstrate the ability to accept and follow reasonable rules and to behave respectfully towards others.

Participants must have sufficient emotional and independent stability to participate in all aspects of the program.



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