



# RECREATION BANNER

**Winter 2017**

## Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



## The Circles Club Honored for 25 Years of Service

More than 30 members from the Circles Club attended The Arc of Monmouth Annual Awards Reception to receive not one, but three awards!

On Tuesday, October 10, 2017, the club proudly accepted the "Member Organization of the Year" award in honor of their 25th anniversary.

In addition, the club was also the first recipient of the *Kathy Mullery Ambassador Award* for their community service and advocacy efforts throughout the years.

If that wasn't enough, 11th District Assemblyman Eric Houghtaling and Assemblywoman Joann Downey presented an official NJ Assembly Resolution in recognition of the club's accomplishments. The Assembly Members had wonderful words to say about the club and its members' achievements. The club members proudly wore their new orange club shirts. Congratulations, Circles Club!

### Contact Recreation

1158 Wayside Road  
Tinton Falls, NJ 07712



(732) 493-0225



[recreation@arcofmonmouth.org](mailto:recreation@arcofmonmouth.org)

# BOWLING LEAGUES



## JOYMAKERS

## KEANSBURG KEGLERS

## MIGHTY MONARC

New bowlers are still being accepted.

**Dates:** Wed thru May 23, 2018

**Time:** 3:30 pm - 5:00 pm

**Location:**

Bradley Beach Bowl  
1217 Main Street  
Bradley Beach, NJ

**Cost:** \$30 registration fee;  
\$120 weekly bowling fee

New bowlers are still being accepted. The weekly fees for can be broken into two installments.

**Dates:** Thurs until May 10, 2018

**Time:** 4:30 pm - 6:00 pm

**Location:** Airport Plaza,  
Route 36, Hazlet

**Cost:** \$30 registration fee;  
\$190 weekly bowling fee

New bowlers are still being accepted. The weekly fees can be broken into two installments.

**Dates:** Sats until June 23, 2018

**Time:** 10:00 am - 11:30 am

**Location:** Airport Plaza,  
Route 36, Hazlet

**Cost:** \$30 registration fee;  
\$218 weekly bowling fee

# SPECIAL OLYMPICS

## Bowling Area Meet:

Date: Saturday, February 3, 2018

Location: Ocean Lanes, Route 88 in Brick

## Bowling Sectional Meet:

Date: Saturday, February 24, 2018

Location: Strathmore Lanes, Matawan

## Spring Games Singles Competition:

Date: Sunday, April 8, 2018

Location: Bowlero, New Brunswick

## Basketball Spring Games:

Date: March 24 & 25, 2018

Location: Wildwood, NJ



# PROGRAMS

## Creative Crockpot Cooking

This class will be a little different than previous offerings. We will be preparing a meal in a small crockpot for you to take home and refrigerate. The next morning, take it out, set the temperature to low, and it will be ready to eat for dinner that night!

In addition to the crockpot dinner, we will prepare either an appetizer or a dessert to eat during the class. Eat dinner before you come, and a snack will be provided.

We will provide the crockpot (yours to keep!) — unless you already have one. **You will need to bring the crockpot to each class.**

**Dates:** Mondays, February 12 and 26, and March 12, 2018.

**Times:** 7:00 pm - 9:00 pm

**Location:** The Arc Center in Tinton Falls

**Cost:** \$80 including the crockpot  
\$65 without the crockpot

## Blockbuster Movie Night

The Recreation Department is hosting another Blockbuster Movie Night at the Arc Center. Come join your friends as we watch the movie on the big screen. An optional movie will be available. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

**Dates:** Fridays, Feb 2, 2018 and Mar 2, 2018

**Time:** 6:30 pm - 9:00 pm

**Location:** The Arc Center in Tinton Falls

**Cost:** \$22 for members of The Arc  
\$32 for non-members

## Valentine's Day Candy & Crafts

Take home a sweet treat and a homemade craft for someone special this Valentine's Day!

**Date:** Monday, February 5, 2018

**Time:** 7:00 - 9:00 pm

**Location:** The Arc Center in Tinton Falls

**Cost:** \$25 for members of The Arc,  
\$35 for non-members

## Name that Tune

Pizza and snacks will be served as we listen to an afternoon of great music. Some of the Circles Club members will be assisting with this new event.

**Date:** Sunday, January 7, 2018

**Time:** 1:00pm—4:00pm

**Location:** The Arc Center in Tinton Falls

**Cost:** \$22 for members of The Arc,  
\$32 for non-members

## Fitness & Yoga

Randi and Kelly are back to offer a full year of Fitness to stay in shape. Fitness combines a variety of music, dance, and exercise. Yoga offers gentle movement, breathing techniques, and relaxation. Fitness is a high energy workout and Yoga is a low energy workout.

**Dates:**

Session 2\* = Wednesdays, Jan 17- Mar 14, 2018

Session 3\* = Wednesdays, Mar 21- May 16, 2018

**Time:** 7:00 pm - 8:00 pm

**Cost:** \$55 per session for members of The Arc, \$65 /session for non-members

\*Indicate on the registration form which session(s) you would like to attend.

## Tuesday Night Social

At the Tuesday Night Social you can socialize with friends, enjoy light snacks, play board games, or dance the night away! This program started in October, but you can still register and join the fun!

Socials are held on the first and third Tuesday of the month, from 7:00 - 8:30 pm at St. Dorothea's Broad Street in Eatontown. You will receive a detailed schedule upon registration. Limited door-to-door transportation is available for a fee.

**Date:** Tuesday, Oct 4, 2017 - Jun 20, 2018

**Time:** 7:00 pm - 8:30 pm

**Location:** St. Dorothea's Church  
240 Broad Street in Eatontown

**Cost:** \$30 for members of The Arc  
\$40 for non-members



# SPECIAL EVENTS

## Holiday Express Concert & Lunch

Here is your opportunity to listen to great holiday tunes from Tim McLoone's Holiday Express Band. We will travel by charter bus to the Ocean County College for the concert, and stop for a late lunch at either Olive Garden or TGI Friday's in Toms River before the show. The price listed below includes the concert, bus, meal and supervision.

**Date:** Sunday, December 3, 2017

**Time:** Meet at The Arc at 1:30 for a 2:00 pm departure

**Return Time:** Approximately 8:30 pm

**Cost:** \$50 for members of The Arc / \$65 for non-members

Please indicate on the registration form if you prefer to eat lunch at Olive Garden or Friday's. Your meal is included in the price.



## Devils Game

Calling all Hockey Fans! We are the lucky recipients of free tickets to the NJ Devils game on Sunday, March 4, 2018. This is made possible by the

generosity of their All-Star goalie, Cory Schneider, and Investors Bank. We will sit directly behind Cory's net to watch him in action. We are also invited to the postgame meet-and-greet with Cory himself! The cost covers the train ticket and supervision. All must be able to travel by train and walk several blocks to the stadium.

**Date:** Sunday, March 4, 2018

**Time:** Meet at the Little Silver train station at 1:45 pm for the 2:10 pm train.

**Return Time:** Back at the Little Silver train station approximately 10:30 pm

**Cost:** \$35 for members of The Arc / \$50 for non-members.



## Holiday Party at St. Dorothea's

The Tuesday Night Social will be hosting the Holiday party this year on December 5th, the 1st Tuesday of December. Dinner and dessert will be served along with some great holiday music by DJ Randi. **If you are registered for the Tuesday Night Social, you do not need to register for this party.** Anyone wishing to attend who is not registered for TNS is welcome to register for this fun event.

**Date:** Tuesday, December 5, 2017

**Time:** 6:30 pm - 9:30 pm

**Location:** St. Dorothea's,  
240 Broad Street in Eatontown

**Cost:** FREE if registered for the Tuesday Night Social / \$10 for all others.

## Circles Club BINGO

Feeling lucky? Get out of the house for a night of luck and chance! Bring money for snacks and the prize sale at the end of the night. This is a fundraiser for the Circles Club of The Arc of Monmouth.

**Date:** Saturday, January 27, 2018

**Time:** 7:30pm - 9:30 pm (Doors open at 7pm).

**Location:** The Arc Center in Tinton Falls.

**Cost:** \$5 at the door, includes 2 bingo cards.

**\*\*This event is limited to the first 100 people at the door. No pre-registration is taken!**

# SPRING SAVE THE DATES

Step Up for The Arc



**Saturday, April 14, 2018**  
**Asbury Park Boardwalk**

Gather your friends and family, start a team and join the fun for another fantastic **Walk & 5K**. Asbury Park's Convention Hall will be packed with food, giveaways, games, and of course, live music for the after party!



**Saturday, April 21, 2018**  
**St. Rose of Lima School, Freehold**

The **Broadcast Club** will be returning to the stage to perform **The Wizard of Oz**. Come watch Dorothy, and all her friends as they journey down the Yellow Brick Road. If anyone wishes to join the ensemble, indicate this on the registration form. Details will be provided.

The Arc of Monmouth  
**Winter Glow**  
2017

**GET YOUR GLOW ON!**

**Friday, December 1, 2017**

Eagle Oaks Golf & Country Club  
Farmingdale

**\$150/ticket for The Arc of  
Monmouth participants  
(and chaperones)**

This year's gala will honor Rob Ilvento, the owner of the Silverball Museum and a parent advocate for autism awareness. Event ticket includes cocktail hour, dinner, desserts, dancing to a live band, casino, pinball machines, and many other fun surprises.

Visit [www.arcofmonmouth.org/winterglow](http://www.arcofmonmouth.org/winterglow) to learn more. To purchase tickets, go online or call (732) 493-1919 Ext 122.

## Volunteers Needed!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

Currently, we need volunteers for:

Joymaker's Bowling, Special Events and Day Trips, Fitness on Wednesdays.

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-0225 or [hr@arcofmonmouth.org](mailto:hr@arcofmonmouth.org)

# Recreation Registration Information

## Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

## Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

## Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

## Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

## Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

## Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

## Recreation Office Hours:

The Recreation Department office hours are 9:00 AM - 4:30 PM, Monday through Friday.

The office phone number is (732) 493-0225.

## Why should I join The Arc of Monmouth or renew my annual membership?

### Member Benefits:

- Reduced Rates for Recreation Programs and Activities
- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

### Membership Options:

\$25 Regular Member

\$35 Supporting Member

\$50 Patron

\$100 Benefactor



# Winter 2018 Registration Page

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

Parent/Sponsor Name: \_\_\_\_\_

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

BOWLING		
<input type="checkbox"/> Joymakers	<input type="checkbox"/> Keansburg Keglers	<input type="checkbox"/> Mighty Monarc
PROGRAMS		
Creative Crockpot Cooking		
<input type="checkbox"/> \$80 – Includes Crockpot	<input type="checkbox"/> \$65 – I already have a Crockpot for class	
Fitness & Yoga		
<input type="checkbox"/> Session 2 (1/17/18 – 3/14/18)	<input type="checkbox"/> Fitness	<input type="checkbox"/> Yoga
<input type="checkbox"/> Session 3 (3/21/18 – 5/16/18)	<input type="checkbox"/> Fitness	<input type="checkbox"/> Yoga
Blockbuster Movie Night		
<input type="checkbox"/> Friday, 2/2/18	<input type="checkbox"/> Friday, 3/2/18	
<input type="checkbox"/> Valentine's Day Candy & Crafts (2/12/18)		
<input type="checkbox"/> Tuesday Night Social (Began 10/3/17)	<input type="checkbox"/> Transportation Required	
<input type="checkbox"/> Name that Tune (1/7/2018)		
SPECIAL EVENTS		
<input type="checkbox"/> Holiday Express Concert & Lunch (12/3/18)		
<input type="checkbox"/> Olive Garden	<input type="checkbox"/> TGI Friday's	
<input type="checkbox"/> NJ Devil's Hockey Game (3/4/18)		
<input type="checkbox"/> Holiday Party at St. Dorothea's (12/5/18)		



## **Recreation Program**

**Cindy Wiegers**

Recreation Director

Email: [cwiegers@arcofmonmouth.org](mailto:cwiegers@arcofmonmouth.org)

**Direct Office Line:** (732) 493-0225

**Email:** [Recreation@arcofmonmouth.org](mailto:Recreation@arcofmonmouth.org)

### **Office Hours**

**9:30 AM—4:30 PM**

**Monday through Friday**

**Phone: (732) 493-0225**

### **A Few Final Notes:**

#### **IN CASE OF INCLEMENT WEATHER**

Call the Recreation Direct Line  
at (732) 493-0225 for cancellations.

#### **CREDIT CARD PAYMENTS**

Please do not make a payment until you  
have received written confirmation of being  
registered for each event.