



# RECREATION BANNER

**Spring 2018**

## Contact Recreation

The Arc Center  
1158 Wayside Road  
Tinton Falls, NJ 07712

Phone: (732) 493-0225

Email: [recreation@arcofmonmouth.org](mailto:recreation@arcofmonmouth.org)

Website: [arcofmonmouth.org/recreation](http://arcofmonmouth.org/recreation)

## Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



**SATURDAY, APRIL 14, 2018**  
Asbury Park Boardwalk &  
Convention Hall

## 5K RUN | WALK | AFTER-PARTY

T-Shirts · Live Music · Free BBQ · Carnival Games

Register Online: [arcofmonmouth.org/walk](http://arcofmonmouth.org/walk)

### FORM A TEAM

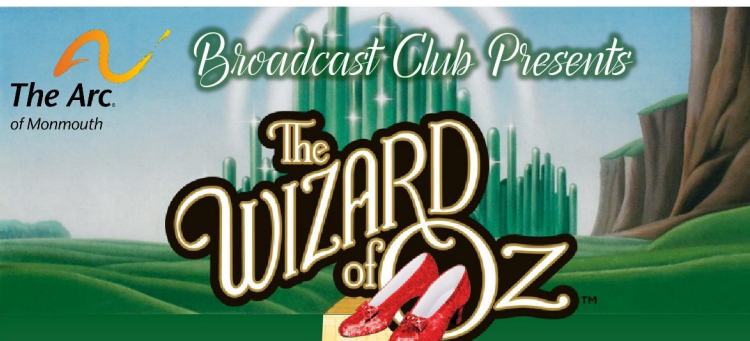
### RE-FUEL AFTER THE RACE

Hot Dogs  
Sausage & Peppers  
Ice Cream & Snacks

### WIN PRIZES AT CARNIVAL GAMES

### LIVE BAND

### ALL-DAY PINBALL AT SILVERBALL MUSEUM



*Journey down the Yellow Brick Road with Dorothy and her friends.*

**Saturday, April 21, 2018**

**Show Starts—7:00 pm**

**Doors Open—6:30 pm**

**St. Rose of Lima School  
51 Lincoln Place, Freehold, NJ**

### Admission

**\$10 Adult (13+)**

**\$5 Child (5-12)**

**Free (Under 5)**

To Purchase Admission & Information, visit us at  
[www.arcofmonmouth.org/wizard](http://www.arcofmonmouth.org/wizard)  
Tickets will also be on sale at the door.

\*Pre-Order Admission on the Registration Form

# 2018 Recreation Survey

1. Do you participate in The Arc's Recreation programs? ☐ Yes ☐ No

If YES – How often do you participate?

☐ Less than 3 times a month ☐ Between 3-8 times a month ☐ 9 or more times a month

2. Are you a Member of The Arc? ☐ Yes ☐ No

3. What types of programs do you participate in?

- ☐ Weekly Activities (Broadcast Club, Fitness, Bowling, Tuesday Night Socials)
- ☐ Special Events (Holiday Parties, Movie Nights, Dinner & Show)
- ☐ Day Trips (Concerts, Local Attractions)
- ☐ Vacations

4. Are you satisfied with The Arc's Recreation programs?

Extremely Satisfied	Somewhat Satisfied	Somewhat Dissatisfied	Extremely Dissatisfied
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

5. COMMENTS: What types of activities are your favorites? Do you have an idea for a new activity you'd like to try? Do you have any suggestions to improve on The Arc's Recreation programs?

***PLEASE CONTINUE IF YOU REGISTERED WITH DDD:***

Throughout 2018, New Jersey's Division of Developmental Disabilities (DDD) will continue to switch individuals onto the Supports Program Medicaid waiver. The Arc of Monmouth is currently researching the possibility of participants using a portion of their DDD Supports Program budgets to pay for recreation activities. Please complete the questions below to help guide our research. Thank you!

6. Are you currently registered with DDD? ☐ Yes ☐ No

If YES – Which program are you enrolled?

- ☐ Supports Program
- ☐ Real Life Choices
- ☐ Community Care Waiver

7. Would you be interested in using a portion of your budget to pay for Recreation activities and transportation?

☐ Yes ☐ No

8. What type of program would you like to use your DDD budget for?

Please complete this survey.  
Email: [recreation@arcofmonmouth.org](mailto:recreation@arcofmonmouth.org)  
Mail: 1158 Wayside Road, Tinton Falls, NJ 07712

# Programs

## Blockbuster Movie Night

The Recreation Department is hosting another Blockbuster Movie Night at The Arc Center. Come join your friends as we watch the movie on the big screen. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

**Dates:** Fridays, April 6 and June 15, 2018

**Time:** 6:30—9:00 PM

**Location:** The Arc Center in Tinton Falls

**Cost:** \$22 Members; \$32 Non-members

## Common Scents

Come discover the goodness of Aromatherapy with Kelly, our yoga instructor. Who doesn't love the smell of baking cookies, fresh mowed grass, or caramel coffee? Through this 1.5 hour session, you'll learn about various scents, what they are good for, and how they are created. Make your own personal spray to take home along with a surprise treat at the end of class. Let Kelly enrich your life through scent!

**Date:** Thursday, May 10, 2018

**Time:** 7:00—8:30 PM

**Location:** The Arc Center

**Cost:** \$20 Members; \$25 Non-members

## Fitness & Yoga

Randi and Kelly continue their focus on good health and exercise. Fitness combines a variety of music, dance, and exercise. Yoga offers gentle movement, breathing techniques, and relaxation. Fitness is a high energy workout and Yoga is a low energy workout. Healthy eating tips provided during each class.

### Dates:

Session 3 = Wednesdays, Mar 21-May 16, 2018

**Time:** 7:00 pm—8:00 pm

**Cost:** \$55 per session for Members

\$65 per session for Non-members



## Name that Tune

\*Rescheduled from January 7, 2018

Pizza and snacks will be served as we spend the evening listening to great music. This is open to anyone. Some of the Circles Club members will be assisting with this new event.

This is rescheduled from January, so if you paid for January, please register again to let us know you are still interested. Your payment from January will be applied to the new date.

**Date:** Saturday, June 2, 2018

**Time:** 6:30—9:30 PM

**Location:** The Arc Center

**Cost:** \$22 Members; \$32 Non-members

## Creative Cooking

Our volunteer chefs are back to provide great recipes for some quick and easy meals. Eat a light meal since you will be sampling your creations.

**Dates:** Tuesdays, May 29, June 12, June 26

**Time:** 7:00—9:00 PM

**Location:** The Arc Center

**Cost:** \$65 Members; \$85 Non-members

## Circle's Club Car Wash

The Circle's Club is co-hosting this event with the youth group of St. Anselm Church. Come by for this fundraiser.

**Date:** Saturday, April 28, 2018

**Time:** 12:00—2:00 PM

**Location:** St. Anselm Church  
1028 Wayside Road  
Tinton Falls, NJ

If you are interested in joining the remaining sessions of bowling or Tuesday Night Socials, contact Recreation for details.



# Special Events

## RAIN—A Tribute to the Beatles

RAIN is a Beatles cover band that delivers a live, multi-media musical performance with all the top hits of the world's most celebrated band. The show will be at Madison Square Garden, so we will travel by train to NYC. The price listed below includes the concert admission, train, and supervision.

**Date:** Sunday, May 6, 2018

**Time:** Meet at Little Silver Train Station at 8:45 AM for a 9:12 AM train

**Return Time:** Approximately 6:30 PM

**Cost:** \$100 Members; \$125 Non-members

Must bring ID, and spending money for lunch and souvenirs.

## Six Flags Great Adventure

We are invited to join a special day at Six Flags Great Adventure that is geared to the special needs population by making the park more sensory-friendly. With this in mind, the park will be quieter than usual in both noise and crowds. Bring money for lunch and snacks. This is a rain or shine event. Cost includes ticket, transportation, and supervision.

**Date:** Thursday, May 3, 2018

**Time:** Meet at The Arc Center at 9 AM. The group will return to The Arc Center at 5 PM.

**Cost:** \$80 Members; \$95 Non-Members

## Sunday Brunch & Englishtown Auction

Join us for brunch at Luchento's Country Kitchen in Englishtown, as we support the new owner and good friend of the agency for a great home-cooked country breakfast or lunch. Afterwards, we will head to Englishtown Auction to check out the bargains. Your meal is included in the price. Bring money for shopping.

**Date:** Sunday, June 17, 2018

**Location:** Luchento's Country Kitchen  
3 Tennent Ave, Englishtown

**Time:** Meet at The Arc Center at 10 AM, return at 4 PM

**Cost:** \$38 Members; \$50 Non-Members



## Annie at Count Basie Theater

Another great production by Phoenix as we watch the adventures of Annie and her fellow orphans unfold at the Count Basie Theater. Dinner will be at Juanito's Mexican Restaurant, 159 Monmouth Street, Red Bank

**Date:** Sunday, April 29, 2018

**Time:** Meet at Count Basie at 2:30 PM

6:00 PM—Pick up for "Show Only"

If you are staying for dinner, we will walk as a group to the restaurant

8:00 PM—Pick up Juanito's for "Dinner & Show"

**Location:** Count Basie Theater

99 Monmouth Street, Red Bank

**Cost:** *Show Only*—\$55 Members

\$80 Non-members

*Dinner & Show*— \$85 Members

\$105 Non-Members

## Hawaiian Luau

Join us at the Tuesday Night Social for a night of dancing and great food. The St. Dorothea's Knights of Columbus is providing a barbecue with maybe a little Hawaiian flair. Wear your boldest and brightest Hawaiian shirt for the "Best Dressed" contest. If you are registered for Tuesday Night Social, you do not need to register or pay.

**Date:** Tuesday, June 5, 2018

**Time:** 6:30—8:30 PM

**Location:** St. Dorothea's

240 Broad Street, Eatontown

**Cost:** \$10

# Overnight

## Southern Coastal Getaway

We are boarding the Cape May Ferry, and heading down to the beautiful shores of Delaware and Maryland. We rented a spectacular home along the shore. The house is located on Fenwick Island in Delaware, which has its own small boardwalk, is seven miles from the Ocean City, MD Boardwalk, and is 20 miles away from Assateague Island, which is famously home to wild horses. The house we rented offers a game room, bikes to ride on the boardwalk, beach access, and lots of outdoor space to soak up the sunshine.

**Space is limited to 18 people.**

**Date:** Thursday, May 17—Monday, May 21

**Cost:** \$975 Members, \$1075 Non-members

\*Deposit will be due upon confirmation



## Beginner/Intermediate Golf

This program includes months of instruction and guidance through our volunteers and on-site golf pros. Practice in the driving range, putting green, and the mini golf course. Intermediate golfers will also have the opportunity to play on the par 3 golf course. This program will prepare all interested athletes for the Special Olympics golf competition. Anyone who does not wish to compete in the Fall will end their practice on August 20, 2018 for a reduced rate of \$100.

**Dates:** Mondays\*, June 11—October 15, 2018

**Time:** 5:45—7:00 PM

**Cost:** \$145 Members; \$175 Non-members  
\$100 for the shortened program ending 8/20/18

**Location:** Twin Brook Golf Center

\* No class on 7/2, 8/27, 9/4, 10/8



## Advanced Golf

This is an instructional program that focuses on improving your game, and preparing for competition. Coaches, Michelle and Krissy, will provide 45 minutes of instruction on special skills like full swing, chipping, pitching, bunker shots, trouble shots, and putting. This program will prepare you for Special Olympics competition in the Fall.

**Dates:** Mondays\*, April 23—October 15, 2018

**Time:** 5:45—7:30 PM

**Cost:** \$240 Members; \$275 Non-members  
May pay in two installments

**Location:** Twin Brook Golf Center

\*No class on 5/28, 6/4, 7/2, 8/27, 9/4, 10/8



# Recreation Registration Information

## Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

## Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

## Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

## Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

## Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

## Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

### Recreation Office Hours:

The Recreation Department office hours are 9:30 AM—4:30 PM, Monday through Friday.

The office phone number is (732) 493-0225.

**Why should I join The Arc of Monmouth or renew my membership annually?**

### Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

### Membership Options:

\$25 Regular Member  
\$35 Supporting Member  
\$50 Patron  
\$100 Benefactor  
\$200 President's Council  
\$500 Arc Angel



# Spring 2018 Registration Page

Participant's Name: \_\_\_\_\_

Address: \_\_\_\_\_ Town/Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Participant Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_ Parent Cell Phone \_\_\_\_\_

Parent/Sponsor Name: \_\_\_\_\_

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

## Programs

Blockbuster Movie Night ☐ 4/6 ☐ 6/15

☐ Common Scents (5/10)

Fitness & Yoga Session 3 (3/21-5/16) ☐ Fitness ☐ Yoga

Name that Tune (6/2) ☐ I already paid in January ☐ I paid in January, but cannot  
☐ New Registration and am still interested attend. Please issue a credit.

☐ Creative Cooking (5/29, 6/12, 6/26)

## Golf

☐ Beginner/ ☐ Full Program ☐ Shortened Program  
(6/11—10/15) (6/11—8/20)

☐ Advanced (4/23—10/15)

## Special Events

☐ Six Flags Great Adventure (5/3)

☐ Annie at Count Basie (4/29) ☐ Show Only ☐ Dinner & Show

☐ RAIN—A Tribute to the Beatles (5/6)

☐ Sunday Brunch & Englishtown Auction (6/17)

☐ Hawaiian Luau (6/5) \*No need to register if you already participate in Tues Night Social

☐ Southern Coastal Getaway (5/17—5/21)

**Wizard of Oz**—Purchase Seats for April 21, 2018, Doors Open 6:30, *No Reserved Seats*

\_\_\_\_\_ # Adults (13+) \_\_\_\_\_ # Child (5-12) \_\_\_\_\_ # Child (under 5)



## Recreation Program

**Cindy Wiegers**

Recreation Director

Email: [cwiegers@arcofmonmouth.org](mailto:cwiegers@arcofmonmouth.org)

**Direct Office Line:** (732) 493-0225

**Email:** [Recreation@arcofmonmouth.org](mailto:Recreation@arcofmonmouth.org)

## Office Hours

9:30 AM—4:30 PM

Monday through Friday

### IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line  
at (732) 493-0225 for cancellations.

### CREDIT CARD PAYMENTS

Please do not make a payment until you have  
received written confirmation of being registered  
for each event.

## Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-0225, email [hr@arcofmonmouth.org](mailto:hr@arcofmonmouth.org), or complete the online form at [arcofmonmouth.org/volunteer.html](http://arcofmonmouth.org/volunteer.html)