

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and fax/mail/email the form to the Recreation Department. For new participants, please contact our office for our welcome package!

Nashville 2017



The Recreation Department traveled to Nashville and Memphis, Tennessee this spring. Here is what some of our travelers had to say:

"I love all of Cindy's trips- we stay at great places and have wonderful chaperones. My favorites in Nashville were the Grand Ole Oprey, Country Music Hall of Fame, and the Wild Horse Saloon. I'm a big fan of country music- I loved it ALL! I also enjoyed my friends on the bus!" - Jim Kennedy

"I loved Graceland and how it was expanded.Consider that I am an Elvis buff, it was a wonderful experience.I especially loved the Grand Ole Oprey and the Country Music Hall of Fame. I love country music. I loved the Grand Ole Oprey concert and seeing Pam Tillis, Terry Clark and Little Big Town. The backstage tour was great. I was in my glory.The trip was awesome and it was the best trip ever. Thank you so much for taking me." - Debra Kaiser

"I had a great time. The house we stayed in was very spacious and beautiful. I particularly enjoyed country line dancing at the Wild Horse Saloon. Thank you for all that you do!" - Erin Kasper

For details on our next travel adventures see page 6!

Programs

Advanced Golf

This is an instructional program that focuses on improving your game and preparing for competition. The golf pros, Michelle and Krissy will provide instruction to work on special skills such as full swing, chipping, pitching, bunker shots and trouble shots, and putting. This program will prepare you for Special Olympics for the athletes who are interested.

<u>Summer</u>

Dates: Mondays, June 5 - August 28, 2017 <u>Time:</u> 5:45 - 7:30 PM <u>Cost:</u> \$115 for members of The Arc \$125 for non-members Location: Twin Brook Golf Center

<u>Fall</u>

Dates: Mondays, September 11 -October 16, 2017 <u>Time:</u> 5:45 - 7:00 PM <u>Cost:</u> \$50 for members of The Arc \$60 for non-members <u>Location:</u> Twin Brook Golf Center

NO CLASS 7/3/17

Beginner/Intermediate Golf

This program includes months of instruction and guidance through our volunteers and the golf pro on site. You will work at various venues including the driving range, putting green and the mini-golf course. The intermediate golfers will also have the opportunity to play on the par 3 golf course. This program will prepare you for the Special Olympics golf competition for the athletes who are interested.

<u>Summer</u>

Dates: Mondays, June 5 -August 28, 2017 <u>Time:</u> 6:30 - 7:30 PM <u>Cost:</u> \$75 for members of The Arc \$85 for non-members <u>Location:</u> Twin Brook Golf Center

<u>Fall</u>

Dates: Mondays, September 11 -October 16, 2017 Time: 5:45 - 7:00 PM Cost: \$50 for members of The Arc \$60 for non-members Location: Twin Brook Golf Center

NO CLASS 7/3/17

The Arc-Anabel Annual Golf Outing

<u>When:</u> Monday, June 19, 2017 <u>Where:</u> Deal Country Club & Hollywood Country Club <u>Time:</u> Tee off 12:30 PM

Honoring Peter Cancro - Founder of Jersey Mikes

For more information and to register for this fundraiser, please visit www.arcofmonmouth.org/golf

Programs

Cafe Theatre Week

Write, rehearse and perform your own scenes in Cafe Theatre week under the direction of Colleen Finnegan from Enspirited Productions. This one-week workshop culminates in a cafe theater performance for family and friends complete with beverages and desserts. No experience is needed but must be present every day to participate.

Date: Monday, August 21, 2017 - Friday, August 25, 2017

<u>Time:</u> 7:00 - 8:30 PM

<u>Location:</u> The Arc Center in Tinton Falls <u>Cost:</u> \$50 members of The Arc \$65 non member



Summer Tips:

- Be sure to drink plenty of water

-Be aware of the heat. Pay attention to it and modify activites appropriately

-Wear loose-fitting, lightweight and light colored clothing

-Plan around the sun. Go outdoors in the early morning or late afternoon, when the sun is lower. UV radiation peaks at midday

Always wear sunscreen when you are outside! Bring sunscreen with you on ALL outdoor recreation events this summer!!

Broadcast Club

Spring Musical Auditions for Wizard of Oz

Auditions will be held on Thursday, August 31, 2017, 7:30 - 9:30pm at The Arc Center. Anyone wishing to participate in the show must audition at this time. The Broadcast Club invites you to come follow

the Yellow Brick Road! Join us in Oz (ahem we mean the Arc!) for this classic production under the direction of Colleen Finnegan from Enspirited Productions. Rehearsals will be held every Thursday evening from 7:30 - 9:00pm starting September 7, 2017 and every Tuesday and Thursday beginning January 9, 2018. Tech week April 14- 20, 2018. The show will be held on Saturday, April 21, 2018. Ensemble / chorus only option: They will start practices on January 18th however those interested in the ensemble need to come to

auditions. <u>Lead Cast:</u> Rehearsals from 9/7/17 - 4/21/18

<u>Cost:</u> \$150 for Arc members, \$165 for nonmembers

Ensemble Cast: Rehearsals from 1/18/18 - 4/21/18 Cost: \$70 for Arc members, \$85 for non-members



Special Events

<u>PNC Conert #1:</u> <u>Brad Paisley,</u> <u>Dustin Lynch & Chase Bryant</u>

This outdoor summer concert provides a great evening of music. The "Weekend Warrior World Tour" by three of America's most famous country stars, will be summer event that you do not want to miss! We will be seated on the lawn and rental chairs will be included in your price. Please bring any money you wish to spend on food and souvenirs.

Date: Friday, August 4, 2017 <u>Time:</u> Meet at The Arc Center at 4:30 PM Pick up at The Arc Center at 11:30 PM <u>Location:</u> PNC Bank Arts Center, Holmdel <u>Cost:</u> \$75 for members of The Arc \$90 for non-members

Blockbuster Movie Night

Hairspray!

The Recreation Department is hosting another Blockbuster Movie Night at The Arc Center. Come join your friends as we watch the movie Hairspray on the big screen. An optional movie will be available. Come with your dancing shoes on. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance. Date: Friday, July 21, 2017 Time: 7:00- 9:00 PM Location: The Arc Center in Tinton Falls Cost: \$22 for members of The Arc \$32 for non-members



<u>PNC Concert #2:</u> <u>Lady Antebellum,</u> <u>Kelsea Ballerini & Brett Young</u>

This outdoor summer concert provides a great evening of music. The "You Look Good Tour" by two of America's most famous country stars, is sure to impress. We will be seated on the lawn and rental chairs will be included in your price. Come and join your friends for a summer evening out that you will not forget! Please bring any money you wish to spend on food and souvenirs.

Date: Friday, August 11, 2017 <u>Time:</u> Meet at The Arc Center at 4:30 PM Pick up at The Arc Center at 11:30 PM <u>Location:</u> PNC Bank Arts Center, Holmdel <u>Cost:</u> \$75 for members of The Arc \$90 for non-members



McGuigan Picnic & Pool Party

The McGuigan Family is opening their home and pool for an afternoon of fun for us! Come join us for delicious food, games and swimming. If you plan on swimming, please bring a change of clothing. A waiver to use the pool will be sent with your confirmation letter.

Date: Saturday. August 26, 2017 Rain Date: Sunday, August 27, 2017 <u>Time:</u> 2:30 - 7:00 PM <u>Location:</u> 2327 Orchard Crest BlvdManasquan <u>Cost:</u> \$10

Special Events

Summer Cooking with Dottie

Join your friends and Dottie for a fun summer cooking program here at The Arc Center. The focus in this class will be salads, perfect for light and healthy summer meals!

Date: Wednesdays: July 12, 26 and August 9

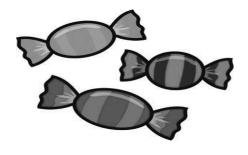
<u>Time:</u> 7:00 - 9:00 PM <u>Location:</u> The Arc Center in Tinton Falls <u>Cost:</u> \$ 65 for members of The Arc \$ 75 for non-members



Candy & Crafts

Take home some sweets and homemade crafts to celebrate summer and the Fourth of July here at The Arc Center!

Date: Wednesday, June 28, 2017 <u>Time:</u> 7:00 - 9:00 PM <u>Location:</u> The Arc Center in Tinton Falls <u>Cost:</u> \$25 for members of The Arc \$35 for non-members



Summer Swing Dinner & Golf

Come out and enjoy a summer evening with friends! We are heading to Twin Brook Golf Center for mini golf and dinner at Ruby Tuesday in Tinton Falls. Drop off will be at Ruby Tuesday and we will walk over to Twin Brook after dinner.

Date: Monday, July 10, 2017 Time: 5:00 - 9:00 PM Location: Ruby Tuesday on Rt. 66 in Tinton Falls

<u>Cost:</u> \$45 for members of The Arc \$60 for non-members



The Arc Annual Meeting

- Dessert Sampling
 - Year in Review
- Exhibit of Artwork

Performance by the cast of Bugsy Malone

Tueday, June 27, 2017 <u>Doors open:</u> 6:30 PM <u>Meeting begins:</u> 7:00 PM The Arc Center in Tinton Falls

RSVP- (732) 493-1919 ext. 122

Overnights

Holiday Cruise

Here is the perfect opportunity to soak up some warm sunshine and relax before the bustle of the holidays. Join us for this great cruise on Norwegian Cruise Line's Breakaway Ship to the Bahamas and Florida. We depart from New York and our first stop is Port Canaveral giving us the opportunity to visit a Disney Park decked out for the holidays. Then we head to beautiful Bahamas and the Great Stirrup Cay (NCL's private island). The price is based on cabins with triple occupancy. This ship is one of the newer ships that offers many different activities on board. Friends and families are welcome to join. A passport will be needed for this trip. Call for availability.



Ocean City Getaway

A fall getaway at the shore offers a great setting for a crisp fall weekend. The weekend starts with a day trip to the Cape May Zoo on Saturday and Sunday a trip to The Country Living Fair at Batsto Village. We have rented a house which offers us the opportunity to cook and plenty of room to spread out. Details to follow upon registration. Another bonus to the weekend; The Circle Club will be nearby in another house celebrating their 25th Anniversary of the club.

<u>Dates:</u> Saturday, October 14, 2017 - Monday, October 16, 2017 <u>Cost:</u> \$575 for members of The Arc \$625 for non-members <u>Time:</u> Estimated departure at 9:00 AM on Saturday and return at 6:00 PM on Monday

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Summer 2017 Registration Page

Participant's Name:	
Address:	Town/Zip
Phone: Cell Pho	one:
Email Address:	
Parent/Sponsor Name:	

Programs		
Auditions (8/31/17)	Advanced Golf	
Candy & Crafts (6/28/17)	Summer (6/5/17 - 8/28/17) Fall (9/11/17 - 10/16/17)	
—— Broadcast Club (9/07/17)	Beginner Golf Summer (6/5/17 - 8/28/17)	
Cafe Theatre Week (8/21/17 - 8/25/17)	Fall (9/11/17 - 10/16/17)	

	<u>Special</u>	Events/Overnight
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_____Blockbuster Movie Night (7/21/17)

_____ Concert #1: Brad Paisley (8/4/17)

_____Concert #2: Lady Antebellum (8/11/17)

_____ Summer Swing Dinner & Golf (7/24/17)

_____ McGuigan Picnic (8/26/17)

_____ Holiday Cruise (12/15/17 - 12/22/17)

_____ Ocean City Getaway (10/14/17 - 10/16/17)

_____Summer Cooking (7/12,7/26, 8/9)

<u>Membership</u>		
New Member:	Renewal: Parent of individual:	
Regular Member - \$25.00	Supporting Member - \$35.00 Patron - \$50.00	
Benefactor - \$100.00	President's Council - \$500.00 Arc Angel - \$500	



Nonprofit Org. U.S. Postage Paid New Brunswick, NJ Permit #1

Dated Material

Recreation Program

Cindy Wiegers Recreation Director Email: cwiegers@arcofmonmouth.org

Johanna Merry Recreation Sub Email: jmerry@arcofmonmouth.org

Direct Office Line: (732) 493-0225 Email: recreation@arcofmonmouth.org

Camp Jaycee

Camp Jaycee is a private, non-profit residential summer camp for children and adults with intellectual and developmental disabilities. Celebrating over 40 years, Camp Jaycee has provided quality, affordable camping experiences to campers with special needs each summer under the direction of The Arc of NJ. The campsite is on 185 acres of forest, fields and streams in the lovely Pocono Mountains, a short distance from the New Jersey border. Campers enjoy games, sports, swimming, boating, crafts, dance and nature. Camp Jaycee is accredited by the American Camping Association. Registration for the summer of 2017 is now underway. For more information and to request an application please visit their website at: www.campjaycee.org or contact (732) 246-2525 x44.

