



RECREATION BANNER

Winter 2019

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



Three of the Best! Allison, Colleen, and Paul

Contact Recreation

1158 Wayside Road
Tinton Falls, NJ 07712



(732) 493-0225



recreation@arcofmonmouth.org



Friday, November 30, 2018

Eagle Oaks Golf & Country Club
Farmingdale

**\$150/ticket for participants
of The Arc of Monmouth
(and chaperones)**

This year's gala will honor Angelo DeRosa for his commitment to the community. Angelo is the proud father of Eugenia, a 25-year participant of The Arc and Circles Club.

Event ticket includes cocktail hour, dinner, desserts, dueling piano show, casino table games, and an old-fashioned candy store.

Visit www.arcofmonmouth.org/winterglow to learn more and purchase tickets online. Or call (732) 493-1919 ext 122.

BOWLING LEAGUES

Joymakers

Dates: Wed until May 22, 2019
Time: 3:30 pm—5:00 pm
Location: Bradley Beach Bowl
 1217 Main Street
 Bradley Beach, NJ
Cost: \$30 registration fee;
 And bowling fee

Keansburg Keglers

Dates: Thurs until May 11, 2019
Time: 4:30 pm—6:00 pm
Location: Airport Plaza,
 Route 36, Hazlet
Cost: \$30 registration fee;
 And bowling fee

Mighty Monarc

Dates: Sat until June 15, 2019
Time: 10:00 am—11:30 am
Location: Airport Plaza,
 Route 36, Hazlet
Cost: \$30 registration fee;
 And bowling fee



Spring Getaway to Atlantic City

Are you ready to test your lucky streak? We are heading to Atlantic City for a few days. We will stay at the Hard Rock hotel on the boardwalk. Some of the planned activities include the Cape May Zoo, visiting the lighthouse and the town of Cape May, exploring the historical town of Smithville, Atlantic City boardwalk activities, and of course, some gambling! Details will follow.

Dates: Sunday, April 14—Tuesday, April 16, 2019
Estimated Cost: \$500 for Members of The Arc;
 \$575 for Non-Members
Deposit: \$150 upon confirmation
 Limited to 18 people.

Longwood Gardens Christmas Bus Trip

Open to All!

There is still space on the bus to Longwood Gardens. Enjoy a full day of holiday wonder checking out the trees, poinsettias, and the conservatory decked out for the holidays. After dark, Longwood has an impressive light display with half a million lights and colorful fountains dancing to music.

Dates: Tuesday, December 11, 2018
Time: Meet at The Arc Center at 11:30 am depart at noon
 Return to The Arc Center approximately 9 pm
Cost without supervision: \$75—includes transportation, group leader, and admission. Staff approval required for recreation participants to join at this level.
Cost with supervision: \$115—includes transportation, admission, staff supervision at a 1:4 ratio, PLUS a \$20 gift card toward a meal at the gardens.



PROGRAMS

Broadcast Club

The Broadcast Club will meet twice a month with a recital in May. The club will then reconvene in the fall to continue practices for a Variety Holiday show in November or December, 2019. Some details are still being determined.

We are in the process of hiring a new Broadcast leader since our beloved Colleen Finnegan Kahl has followed her yellow brick road to a career in New York as the Director of Broadway Connections. We are so proud of her!

2019 will be a year of transition for the club, but members are very anxious to get back to work. As they say, "The show must go on!!!"

Dates: The **2nd and 4th Thursday** of the month (January to May) starting on January 10, 2019.

Time: 7:30 pm—9:00 pm

Location: The Arc Center in Tinton Falls

Cost: \$75 for Members; \$90 for Non-Members

Tuesday Night Social

At the Tuesday Night Social you can socialize with friends, enjoy light snacks, play board games, or dance the night away! This program started in October, but you can still register and join the fun! Socials are held on the **first Tuesday** of the month,

Date: Tuesday, Oct 2 2018—Jun 4 2019

Time: 7:00 pm—8:30 pm

Location: St. Dorothea's Church
240 Broad Street in Eatontown

Cost: \$20 for Members of The Arc
\$30 for Non-Members

Blockbuster Movie Night

Come join your friends as we watch the movie on the big screen. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

Dates: Fridays, Dec 28, 2018 and Feb 1, 2019

Time: 6:30pm—9:00 pm

Location: The Arc Center in Tinton Falls

Cost: \$22 for Members of The Arc
\$32 for Non-members

Creative Crockpot Cooking

We will be preparing a meal in a small crockpot. In addition to the crockpot dinner, we will prepare either an appetizer or a dessert to eat during the class. So eat dinner before you come, and a snack will be provided.

We will provide the crockpot unless you already have one. You will need to bring the crockpot to each class.

Dates: Tuesdays, February 12 & 26,
and March 12, 2019

Times: 7:00 pm—9:00 pm

Location: The Arc Center in Tinton Falls

Cost: \$80 including the crockpot
\$65 without the crockpot



Fitness & Yoga

Randi and Kelly are back to help us stay in shape. Fitness combines a variety of music, dance, and exercise. Yoga offers gentle movement, breathing techniques, and relaxation. Fitness is a high energy workout and Yoga is a low energy workout.

Session 2 = Wednesdays, Jan 16-Mar 6 2019

Session 3 = Wednesdays, Mar 20-May 8 2019

Time: 7:00 pm—8:00 pm

Cost: \$55 per session for members of The Arc,
\$65 /session for non-members of The Arc

Music Bingo, and Pizza

Are you feeling lucky? Come get out of the house for some of luck and chance!

Date: Sunday, January 27, 2019

Time: 1:30pm—4:30pm

Location: The Arc Center in Tinton Falls

Cost: \$22 for Arc members, \$32 for non-members

SPECIAL EVENTS

Holiday Party at St. Dorothea's

Dinner and dessert will be served along with some great holiday music by DJ Randi. If you are registered for the Tuesday Night Social, you do not need to register for this party.

Date: Tuesday, December 4, 2018

Time: 6:00 pm—8:30 pm

Location: St. Dorothea's,
240 Broad Street in Eatontown

Cost: FREE if Registered for the Tuesday Night Social \$10 for all others

Elvis Birthday Bash

Let's break up the winter time blues with some Blue Suede Shoes by Elvis.

Date: Friday, January 18, 2019

Time: Meet at theater (99 Monmouth St) at 7pm for 7:30 show at

OR Meet at Juanita's (159 Monmouth St) at 5pm for dinner before the show

Location: Count Basie Theater

Option 1: Show Only \$55 for Members, \$70 for non-members

Option 2: Dinner and Show \$ 85 for Arc members, \$ 95 for non-members

Mamma Mia!

Join us to hear fabulous music in this show.

Date: Sunday, March 10, 2019

Time: 3pm show

Location: Axelrod Performing Arts Center
100 Grant Avenue, Deal Park

Show only: Meet at theater at 2:30pm with pickup time of 5:45pm

Cost: \$68 for Arc members, \$80 for non-members Includes show ticket and supervision

Dinner and show

Meet at the theater at 2:30pm. We will transport you to dinner at the All Seasons Diner, 176 Wyckoff Road, Eatontown. Pickup at the All Season's Diner at 8pm.

Cost: \$ 85 for Arc members, \$100 for non-members Includes transportation, show ticket and supervision. Bring \$25 for dinner.



Dave and Buster's

Did you hear? Dave and Buster's has come to Woodbridge. We are joining

The Arc of Hunterdon for some friendly competition. Game On!!!!

Date: Saturday, February 9, 2019

Time: Meet at The Arc Center at 12 pm
Pickup at The Arc Center at 5 pm.

Cost: \$65 for Arc Members, \$80 for non-members, includes meal, transportation, and a \$10 game card. Bring money for more games.

Red Bank Elks Holiday Party

We are lucky to attend this festive party each year. The Red Bank Elks continue to spoil us at this outstanding event with live music and a few extra surprises. Come join your friends for a lunch to celebrate the holiday season in beautiful downtown Red Bank in a room with a view!

Date: Sunday, December 16, 2018

Time: 1:00 pm—3:30 pm

Location: Red Bank Elks, 40 West Front St in Red Bank

Cost: \$10 for Members of The Arc
\$15 for non-members

Holiday Express Holiday Show

An afternoon of great holiday music performed by Holiday Express at Ocean County College.

Date: Sunday, December 9, 2018

Time: Meet at The Arc Center at 1:30pm.
Pickup at The Arc Center at 5:30pm.

Cost: \$25 for Arc members; \$35 non-members.

Must be registered by 11/26/18
Limited to 18 people.

Recreation Survey 2019

The recreation department is seeking your feedback regarding our future transition to the DDD Supports Program/Fee for Service. Currently all recreation programs have a program fee, which is paid privately by the family or the participant. This will always be an option that will be offered by the department. Over the next year we plan to introduce the use of your Supports budget to cover the cost of some of the recreation programs and events. We value your feedback.

Based on last year's survey results, we added new programs and events this year, such as game nights at the Arc Center, beading, and instructional classes like Aroma Therapy and Healthy Living. We can't make all suggested changes, but we do incorporate some each year. Thank you!

1. Are you currently registered with New Jersey's DDD (Division of Developmental Disabilities)?

☐ Yes ☐ No

2. If Yes, which program are you enrolled in? ☐ Supports ☐ Real Life Choices ☐ Interim

3. Would you be interested in using your DDD budget for recreation programs or special events?

☐ Yes ☐ No ☐ Unsure

4. If you answered "No" or "Unsure" to Question 3, please help us better understand why.

5. What would you most prefer to spend your DDD budget for?

☐ Weekly Programs ☐ Special Events (parties, shows, dining out) ☐ Day trips

6. Are you interested in a **weekday after-work** respite program from 3 PM – 6 PM? ☐ Yes ☐ No

7. If you answered yes, what days would you prefer for **after-work** respite? ☐ M ☐ Tu ☐ W ☐ Th ☐ F

8. Are you interested in a **weekday daytime** respite program? ☐ Yes, full day ☐ Yes, flexible hours ☐ No

9. If you answered yes, what days would you prefer **weekday daytime** respite? ☐ M ☐ Tu ☐ W ☐ Th ☐ F

10. Are you interested in a **weekend** respite program? ☐ Yes ☐ No

11. Which days/frequency do you prefer for **weekend** respite? ☐ Saturday ☐ Sunday

☐ Weekly ☐ Once a Month ☐ Twice a Month (every other week)

12. If you could add one new program or event to the recreation schedule, what would it be?

13. If you could make one change to The Arc's recreation program, what would it be?

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM, Monday through Friday.

The office phone number is (732) 493-0225.

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

\$25 Regular Member
\$35 Supporting Member
\$50 Patron
\$100 Benefactor
\$200 President's Council
\$500 Arc Angel



Winter 2018/2019 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Parent's Cell Phone: _____ Participant Cell phone _____

Email Address: _____ Home phone _____

Parent/Sponsor Name: _____

☐ I am a member of The Arc of Monmouth

☐ I am not a member

☐ I am not a member, but would like to become a member.

You may fax your registration to 732-493-3604

BOWLING		
<input type="checkbox"/> Joymakers	<input type="checkbox"/> Keansburg Keglers	<input type="checkbox"/> Mighty Monarc
PROGRAMS		
<input type="checkbox"/> Broadcast Club, starting 1/10/19		
<input type="checkbox"/> Tuesday Night Social		<input type="checkbox"/> Music, Bingo, & Pizza (1/27/19)
Blockbuster Movie Night	<input type="checkbox"/> 12/28/18	<input type="checkbox"/> 2/1/19
Creative Crockpot Cooking	<input type="checkbox"/> I need a Crockpot	<input type="checkbox"/> I already have a Crockpot
<input type="checkbox"/> Fitness OR <input type="checkbox"/> Yoga	<input type="checkbox"/> Session 2: 1/16/19-3/6/19	<input type="checkbox"/> Session 3: 3/20/19-5/8/19
SPECIAL EVENTS		
<input type="checkbox"/> Longwood Gardens ____ # Tickets w/ Supervision ____ # Tickets without Supervision		
<input type="checkbox"/> Holiday Express Holiday Show (12/9/18)		
<input type="checkbox"/> Holiday Party at St. Dorothea's (12/4/18)		<input type="checkbox"/> Red Bank Elks Holiday Party (12/16/18)
<input type="checkbox"/> Dave & Buster's (2/9/19)		
Elvis Birthday Bash (1/18/19)	<input type="checkbox"/> Show Only	<input type="checkbox"/> Dinner & Show
Mamma Mia! (3/10/19)	<input type="checkbox"/> Show Only	<input type="checkbox"/> Dinner & Show
OVERNIGHT		
<input type="checkbox"/> Spring Getaway in Atlantic City (4/14/19—4/16/19)		



Recreation Program

Cindy Wiegers

Recreation Director

Email: cwiegers@arcofmonmouth.org

Direct Office Line: (732) 493-0225

Email: Recreation@arcofmonmouth.org

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants.

Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

Currently, we need volunteers for:

- Joymaker's Bowling
- Special Events and Day Trips
- Fitness on Wednesdays

If you are interested in volunteering, please contact the Recreation Dept. (732)493-0225 or hr@arcofmonmouth.org

A Few Final Notes:

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-0225 for cancellations.

CREDIT CARD PAYMENTS

Please do not make a payment until you have received written confirmation of being registered for each event.