

Summer 2026



RECREATION BANNER

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Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Brianna Quigley, Recreation Coordinator
Phone: (732)493-1919 ext.400
Email: recreation@arcofmonmouth.org
Website: arcofmonmouth.org/recreation

Concerts

Concert in the Park

Come sit and relax, while listening to tribute bands at Veterans Park. Bring your own lawn chair and some snacks.

Dates: Thursdays

7/16: Lady Supreme: Diana Ross Tribute

7/30: Frontiers: Journey Tribute

8/13: Here's Elton

Location: Veterans Park, Hazlet NJ 07730

Time: 6:45-8:30PM

Cost: Free** must register with the Recreation Department

PLEASE circle which date(s) you'd like to attend on the registration page

No transportation for this event

This event is in a big group setting with louder music



July

Karaoke Night

Calling all Party Animals ! It's time to sing and dance to your favorite tunes. We will be having catered hot food, drinks and dessert.

Date: Thursday, July 9, 2026

Location: The Arc Center, Tinton Falls

Time: 5:30PM- 8:30PM

Cost: \$35 includes food and refreshments

This event will have music and group setting activity



Toast & Yestercades

Let's meet for a delicious breakfast at one of our favorite stomping grounds for some delicious food. We will walk after to Yestercades to play some very cool retro pinball games.

Date: Tuesday, July 14, 2026

Location: Toast City Diner

45 Monmouth St, Red Bank NJ 07701

Time: Drop-off: 10:30AM at Toast City Diner

Pick-up: 2:00PM Yestercades

Cost: \$60 includes food, gratuity, games and chaperones

No Transportation for this event

This event will be in a group setting activity and with loud noises



July-August

Painting Flower Pots

Let our creativity flow and paint a beautiful planter to take home. Along with painting, you will also get to take home a plant to put in your pot.

Date: Tuesday, July 21, 2026

Location: The Arc Center

Time: 5:30PM-7:30PM

Cost: \$35 include plants, planters, painting supplies, snacks and refreshments

This event is sensory friendly and will have low music



Luau Bingo

Bring your grass skirt and leis for our fun Luau Bingo party. We will have pizza and refreshing themed drinks. Prizes will be provided for the winners.

Date: Tuesday, August 4, 2026

Location: The Arc Center

Time: 5:30PM-7:30PM

Cost: \$40 includes pizza, refreshments, and prizes.

This event is sensory friendly and will have low music



August

Trip to the Monmouth Museum

Let's have a fun morning going to three different exhibits located at the Monmouth Museum. We will be exploring art, history and nature throughout our time there!



MONMOUTH MUSEUM

Date: Saturday August 8, 2026

Location: The Arc Center

Time: 10:00AM-12:00PM

Cost: \$10 includes transportation and chaperones

Transportation is provided

The event is in a large group setting

Please wear comfortable footwear



Zumba Fitness

Get your dancing shoes ready for our Zumba dance class! All levels of dance experience are welcome. Let's dance together while burning some calories in a fun and upbeat Zumba class.

Date: Tuesday, August 11, 2026

Location: The Arc Center

Time: 6:00-7:00PM

Cost: \$15

Please wear sneakers and comfortable clothing that you can move around in

Louder music will be played during this event



August

Aquarium and Ice Cream

Let's have a fun afternoon at Jenkinson's Aquarium as they celebrate "35 Years of Wonder" while exploring all different types of marine life! We will end our trip with a boardwalk classic — Kohr's Frozen Custard.

Date: Sunday, August 23, 2026

Location: The Arc Center

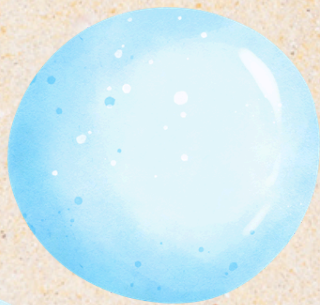
Time: 11:00AM-2:30PM

Cost: \$40 includes chaperones, ticket into the aquarium, ice cream and transportation

Transportation is provided for this event

This aquarium has low lighting in some sections

Wear comfortable shoes for walking



Friendly Reminders for Our June Events

Annual Meeting & Arc Awards!

We will be honoring our wonderful employees, our served individuals, and our community partners for their leadership and dedication to The Arc of Monmouth. Stay tuned for more information about this year's honorees.

Date: Tuesday, June 23, 2026

Time: 7:00PM

Location: The Arc Center, Tinton Falls

More Details to Follow

732-493-1919 ext. 663



Broadcast Club Performance: Seussical Jr.

Date: Saturday June 13, 2026

Time: 4:00PM *Doors open at 3:15PM*

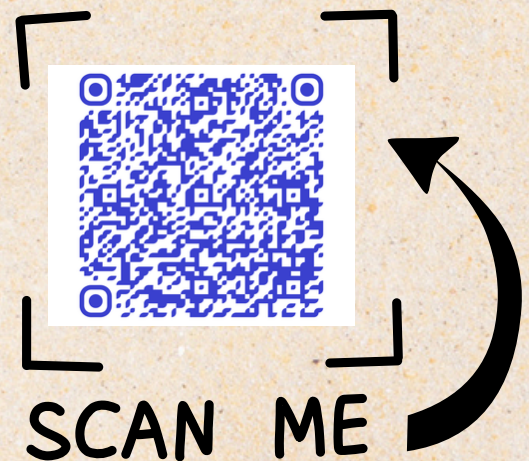
Location: Middletown High School North

63 Tindall Road, Middletown, NJ 07748

Cost: \$10



For Tickets



Recreation Registration Information

Registration

You **MUST** register through the Recreation Department. Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you and indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Payment can be cash or check.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

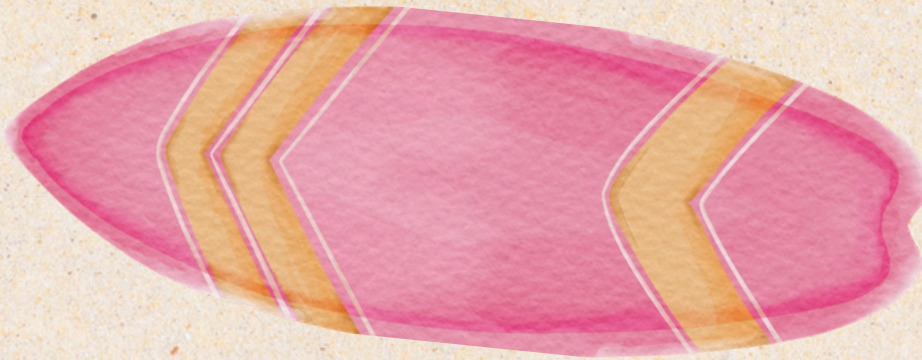
In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event. Our phone number is (732) 493-1919 ext. 400. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. . If you need financial assistance, please contact the recreation office.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.



Recreation Office Hours:

The Recreation Department office hours are 8:30 AM—4:30 PM; Monday through Friday. The office phone number is (732) 493-1919 ext. 400





Recreation Program

Brianna Quigley, Recreation Coordinator

Email: bquigley@arcofmonmouth.org

Direct Office Line: (732) 493-1919 ext. 400

Email: Recreation@arcofmonmouth.org



Office Hours

8:30AM—4:30 PM

Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-1919 ext. 400 for
cancellations

Cash or Check Payments Only.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-1919 ext. 400 or email hr@arcofmonmouth.org, and complete the online form at arcofmonmouth.org/volunteer.html

Summer 2026 Registration Page

Participant's Name: _____
Address: _____ Town/Zip: _____
Home Phone: _____ Participant Cell Phone: _____
Email Address: _____ Guardians Cell: _____
Guardian/Sponsor Name: _____

Programs/Events

	Concert in the Park (Thursdays) FREE **please circle which dates you'd like to attend** 7/16: Ladu Supreme: Diana Ross Tribute 7/30 Frontier: Journey Tribute 8/13 Here's Elton
	Karaoke Night (7/9/26) \$35
	Toast & Yestercades (7/14/26) \$60
	Painting Flower Pots (7/21/26) \$35
	Luau Bingo (8/4/2026) \$40
	Trip to the Monmouth Museum (8/8/26) \$10
	Zumba Fitness (8/11/26) \$15
	Aquarium and Ice Cream (8/23/26) \$40