



RECREATION BANNER

Winter 2020

Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Phone: (732) 493-0225

Email: recreation@arcofmonmouth.org

Website: arcofmonmouth.org/recreation

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!

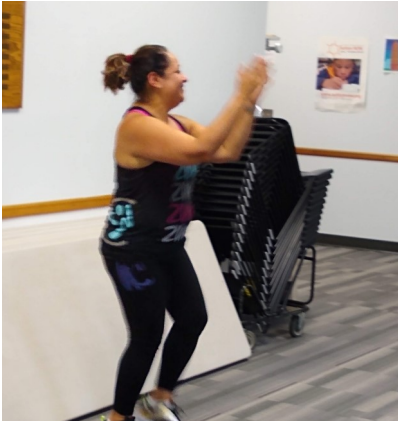


All Aboard! Northlandz with Our Crew

Northlandz is in the Guinness Book of World's Records for being the World's largest model railroad with over 400 tunnels. Our crew enjoyed this adventure and each of us got a postcard to remember our trip. We had a amazing time riding and exploring the outdoor train, speaking with the train staff and visiting the gift shop. Come join us on our next excursion!!



Programs



Fitness And Zumba

Lets Welcome Michelle, our new Zumba instructor!! This class has the perfect combination of fun and fitness. Come and join the party!! Every other Wednesday, Margie will be teaching the fitness class. Lets move, groove, and get stronger together.

Dates: **Session 2** Wednesday evenings
January 15 –February 26, 2020
Session 3 March 18– May 6, 2020

Time: 7:00-8:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$55 for Members of The Arc
\$65 for Non-Members

Sign up for both sessions for \$110

Yoga

Kelly will continue to lead this gentle class focusing from pose to pose and linking the movement with the breath. Kelly will offer a variety of modifications to encourage participation of everyone. We do sitting, standing and inverted postures. Come join this non-intimidating class.

All levels - BEGINNERS WELCOMED

Dates: Wednesday evenings
Session 2 January 15– February 26, 2020
Session 3 March 18-May 6, 2020

Time: 7:00– 8:00PM

Location: The Arc Center in Tinton Falls

Cost: \$55 For Members of The Arc. Sign up for both sessions for \$110

Pajama Movie Night

The Recreation Department is hosting Pajama Movie Night at The Arc Center. Come join your friends as we watch the movie on the big screen. We will be all cozy in our PJ's and blanket. We will be serving pizza for dinner. Hot chocolate with whipped cream and marshmallows for a snack. Last minute registrations are welcome, please call at least 24 hours in advance.

Date: Friday, December 13, 2019 and
January 10, 2020 (you can register for both dates or just for one) Remember wear cuddly pajamas

Time: 6:30 - 9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 for members, \$32 for non-members

Cost: \$44 for both movies for members. \$54 for non-members

Creative Cooking

Our volunteer chefs are back to provide great recipes for some quick and easy meals. Eat a light meal beforehand since you will be sampling your creations. On March 16 we will create a traditional St. Patrick's Day meal that will bring a smile to your face.

Dates: Mondays, 1/13, 2/10, 3/16

Time: 7:00—9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$65 for Members of The Arc;
\$85 for Non-members

Valentine's Day Karaoke

Come sing your hearts out on Friday, February 14th from 7:00—9:00 PM at The Arc Center. Pizza & chocolates will be served. Cost: \$22 for members; \$32 for non-members.

BOWLING LEAGUES



JOYMAKERS

Dates: Wednesdays,
Sept 25-May 20 , 2020
NO Bowling January/February
Time: 3:30 - 5:00 PM
Location: Bradley Beach
Bowl, 1212 Main Street,
Bradley Beach, NJ
Cost: \$156 registration and
bowling fees

KEANSBURG KEGLERS

Dates: Thursdays,
Sept 12-May 7, 2020
Time: 4:30 - 6:00 PM
Location: Airport Plaza, Route 36,
Hazlet
Cost: \$30 Registration fee
\$205 bowling fees
Bowling fees for this program can
be broken up into two installments

MIGHTY MONARC

Dates: Saturdays,
Oct 5- June 13 , 2020
Time: 10:00 - 11:30 PM
Location: Airport Plaza,
Route 36, Hazlet
Cost: \$245 Registration and
bowling fees. Fee can be
broken up into two installments



SPECIAL OLYMPICS

Bowling Area Meet:

Date: Saturday, February 8, 2020

Location:

Ocean Lanes, RT 88, Lakewood

Bowling Sectional Meet:

Date: Saturday, February 22, 2020

Location: Strathmore Lanes, Matawan

State Bowling Singles Competition:

Date: Sunday, March 22, 2020

Location:

Bowlero, RT. 1, New Brunswick

Special Events

Painting with a Twist at The Arc

This painting class is the newest trend and its coming to The Arc of Monmouth. In a relaxed setting, while sipping on a non-alcoholic beverage, you will create a one of a kind masterpiece you can take pride in and enjoy for years to come. You do not have to be a professional artist, to participate. You will be guided with instruction from a professional artist. The goal of this class is to open up and enjoy an evening of creative expression. All skill levels are welcomed!!!



Date: Friday December 27, 2019

Time: The Arc From 6:30 –9:00

Cost: \$49 for Members of The Arc, \$69 for Non-Members

Broadcast Program

The Broadcast program is in full swing with our all star cast performing “Guys and Dolls” at Brookdale Community College on May 2, 2020. You do not want to miss it! This event is open to family and friends. An announcement will be made when tickets go on sale.

Holiday Party at St. Dorothea’s

Let us celebrate the holidays with friends, good food, and a great DJ. If you are registered for the Tuesday Night Social, you do not need to register for this party.

Date: Tuesday December 3, 2019

Time: 6:00-8:30

Location: St. Dorothea’s Church, 240 Broad St. Eatontown

Cost: FREE if registered for the Tuesday Night Social Or \$10 for all others. Must register thru the Recreation Department.

The Arc of Monmouth's *Winter Glow* gala
Honoring Louis van Amstel
FRIDAY, DECEMBER 6, 2019
6:30 - 11:30 PM * BRANCHES, WEST LONG BRANCH
\$125/Ticket for Arc Participants & Chaperones
includes cocktail hour, dinner, casino games & dancing
WWW.ARCOFMONMOUTH.ORG/WINTERGLOW



Party at Yestercades!

Unlimited video games! No tokens or quarters needed! Use of the party area with a host. One 55" TV reserved with Xbox One, PlayStation 4, and Nintendo Switch, as well as all your classic pinball and arcade games. Pizza and refreshments are included.

Date: January 19, 2020

Time: 1PM –4:00 PM

Location: Pick up and drop off at The Arc Center

Cost : \$ 40 for members of The Arc
\$50 for non-members

McLoone's Boathouse & Turtleback Zoo

We will be celebrating the Holidays with a elegant dinner in a beautiful setting at Mcloone's Boathouse. After dinner, we will visit Turtleback Zoo and see the sparkling lights of over 50 winter and animal characters, ice carving demonstrations , face painting and Sea Lion Show.

Date: December 21, 2019

Pick-up/Drop-off Location: The Arc Center

Time: 2:30pm– 8:30pm

Cost: \$70 for Members of The Arc, Non-members \$85



Medieval Times Dinner and Show

Medieval Times is a family friendly dinner–show attraction. You will feast on a four course banquet all while watching jousting knights, horses, hand to hand combat and so much more. It's a thrilling non-stop show. You will be delighted you joined us on this trip.

Date: March 14, 2020

Location: Pick up/Drop off at The Arc Center

Time: 11:30 am– 5:30pm

Cost: \$85 for Arc members, \$95 non-members

SUMMER POCONO PREVIEW

We are going to rent a beautiful house in the Poconos Mountains, close to Mount Airy casino, Camelback resort, Kalahari water park, restaurants and premium outlet shopping. So much to do and see, or just relax with a book by the lake.

More information to come. This trip is being planned for summer 2020!

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM, Monday through Friday.

The office phone number is (732) 493-0225.

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

- \$25 Regular Member
- \$35 Supporting Member
- \$50 Patron
- \$100 Benefactor
- \$200 President's Council
- \$500 Arc Angel



Winter 2020 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

Programs		
<input type="checkbox"/> Pajama Movie Night (12/13), (1/10)		
<input type="checkbox"/> Creative Cooking (1/13, 2/10, 3/16)		
<input type="checkbox"/> Yoga	<input type="checkbox"/> Session 2 (1/15—2/26)	<input type="checkbox"/> Session 3 (3/18-5/6)
<input type="checkbox"/> Fitness & Zumba	<input type="checkbox"/> Session 2 (1/15—2/26)	<input type="checkbox"/> Session 3 (3/18-5/6)
<input type="checkbox"/> Valentine's Day Karaoke Party (2/14)		
Bowling		
<input type="checkbox"/> Joymakers	<input type="checkbox"/> Keansburg Keglers	<input type="checkbox"/> Mighty Monarc
<input type="checkbox"/> I'm interested in Special Olympics Bowling Competition		
Special Events		
<input type="checkbox"/> Painting with a Twist (12/27)		
<input type="checkbox"/> Winter Glow Gala (12/6)		
<input type="checkbox"/> Party at Yestercades (1/19)		
<input type="checkbox"/> McLoone's Boathouse and Turtleback Zoo (12/21)		
<input type="checkbox"/> Medieval Times Dinner and Show (3/14)		
<input type="checkbox"/> Pocono Retreat—I'm interested. Keep me posted on information.		

Please send this registration form back to the Recreation office. Please do not send in any money at this time.

1158 Wayside Road
Tinton Falls, NJ 07712



Recreation Program

Margie London
Recreation Manager
Email: mlondon@arcofmonmouth.org

Direct Office Line: (732) 493-0225
Email: Recreation@arcofmonmouth.org

Office Hours

9:00 AM—4:30 PM
Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-0225 for cancellations.

CREDIT CARD PAYMENTS

Please do not make a payment until you have
received written confirmation of being registered
for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-0225, email hr@arcofmonmouth.org, or complete the online form at arcofmonmouth.org/volunteer.html