



Fall 2023 RECREATION BANNER



Fall 2023

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Margie London, Recreation Manager
Phone: (732)493-1919 ext.400
Email: recreation@arcofmonmouth.org
Website: arcofmonmouth.org/recreation



Programs

Joymakers

Dates: Wednesdays, October 4, 2023- May 29, 2024

No bowling November 22, December 20 and December 27, 2023, all of January and February 2024. Resume March 6-May 29, 2024

Time: 3:30-5:00PM

Location: Bradley Beach Bowling, 1212 Main Street, Bradley Beach

Cost: \$250 Registration & Bowling Fee



Keansburg Keglers

Dates: Thursdays, September 14, 2023- May 9, 2024

No bowling November 23, December 21 and December 28 or March 28, 2024

Time: 4:30-6:00PM

Location: Airport Plaza, Route 36, Hazlet

Cost: \$30 Registration Fee and \$250 Bowling Fee (can be paid in 2 installments if you wish)



Bocce Ball

Come join "Fun Bocce" and socialize with friends. This is a non-competitive game, inclusive and accessible to all.

Dates: Mondays, October 16- December 11, 2023

No game October 30, 2023

Time: 5:30-7:00PM

Location: The Arc Center, Tinton Falls

Cost: \$65

Programs

Broadcast Club



Come join our outstanding Broadcast Club. If you're interested in acting and singing, this club offers you that and so much more. Increase your self-confidence and form lasting friendships, all while exploring your creativity. No experience is necessary, just a fun attitude is all you need! Broadcast Club has several performances throughout the year.

Date: Thursdays, October 12, 2023-May 30, 2024

No session October 26, November 23, December 21, December 28, 2023 January 4, January 11 and March 28, 2024

Time: 7:00-8:30 PM

Location: The Arc Center, Tinton Falls

Cost: \$175



Broadcast Club Performance

Come and support your friends as they perform and entertain you!

Date: Friday, September 29, 2023

Time: 7:00-9:00 PM

Location: Middletown Arts Center
36 Church St., Middletown.

Cost: \$10 - Pay at the door

Snacks will be available to purchase at the concession stand.

Programs

Fitness Class

The class will be broken down into 20-minute intervals: cardio, weights and bands, yoga and balance. You will leave feeling happy and relaxed. All equipment is provided, and no experience is necessary.

Date: Wednesdays

Session #1: September 13-November 15, 2023

No class October 4 and November 1, 2023

Session#2: November 29-January 31, 2024

No class December 20 and December 27, 2023

Time: 7:00-8:00 PM

Location: The Arc Center, Tinton Falls

Cost: \$ 65



Turning Pages Book Club

Snuggle up with coffee or tea as we read and discuss "An Elephant In The Garden."

Date: Tuesdays, October 17, 2023- until completion of the book

No session October 31 and December 26, 2023

Time: 5:00-5:45 PM

Location: Virtual

Cost: \$30 includes the book, which will be purchased for you.

PJ Movie Night(s)

Come join your friends as we watch a movie on the BIG screen in our pajamas. Pizza and snacks will be served. Last minute registrations are welcome; please call the recreation department at least 24 hours in advance.

**Date: Friday, September 22, 2023 and/or
November 10, 2023**

Time: 6:30PM-9:00PM

Location: The Arc Center, Tinton Falls

Cost: \$25 for one night or \$45 for both nights



Programs

Bible Stories

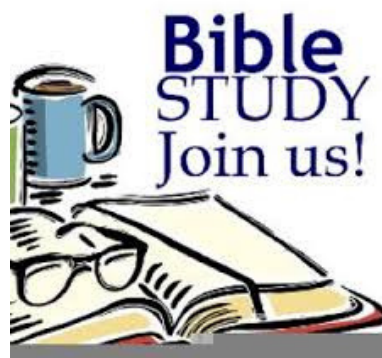
Join Bonnie Deroski from UMC of Red Bank and read bible stories of Mary and her experiences with the Lord.

Date: Tuesdays, November 28-December 19, 2023

Time: 6:00-7:15PM

Location: Will be provided to you after registration

Cost: \$8 for the book, which will be purchased for you.



Barbecue Party

Join us for a fun evening of great food and music generously sponsored by The Knights of Columbus!

Date: Tuesday, September 12, 2023

Time: 6:00-8:00PM

Location: Wolcott Park, Eatontown

Cost: Free but MUST register with the Recreation Department. DJ and food will be provided.



Karaoke Halloween Party

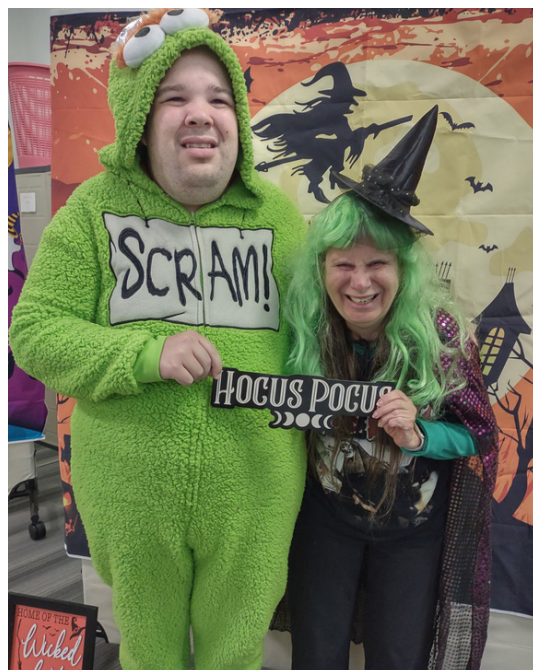
Something's brewing and it'll be ghoulishly fun... a wicked good time for everyone! Fly on over for a Halloween Bash wearing your costume! Dessert and music will be provided.

Date: Saturday, October 28, 2023

Time: 6:30-8:30PM

Location: The Arc Center, Tinton Falls

Cost: \$25



Special Events

Brunch at Toast City Diner

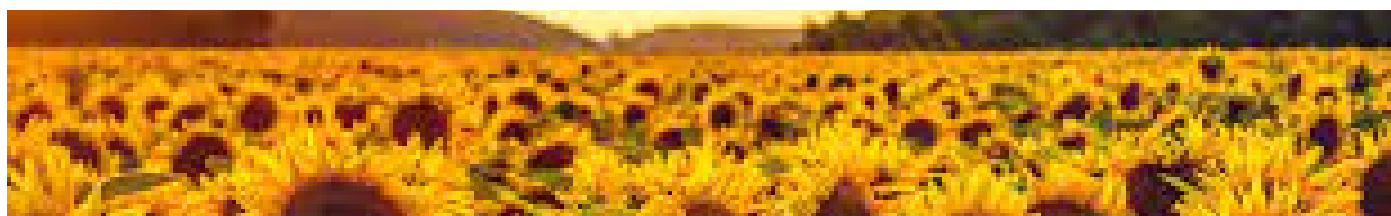
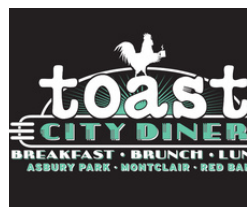
This diner has an extensive brunch menu that satisfies even the pickiest eater! From red velvet pancakes to pork rolls, everything on the menu is tasty! They also have gluten free options. Afterward, we will stroll around Riverside Gardens Park and enjoy the view of the sailboats. Please wear comfortable walking shoes.

Date: Sunday September 17, 2023

Time: 11:00-2:00PM

Location: Toast City Diner, 45 Monmouth St., Red Bank

Cost: \$30



Holland Ridge Farms

Come join us while we explore Holland Ridge Farms for a taste of Dutch culture this Fall. This visit features fun farm animals, flower picking, tasty food trucks, hay rides and more! Make sure you bring a camera or charge your phone to take some picturesque photographs.

Date: Saturday, October 14, 2023

Time: 11:00-4:00PM

Location: The Arc Center, Tinton Falls

Cost: \$45 includes ticket to the event and transportation. Please bring money for food and souvenirs.

Special Events

TROPICANA Atlantic City

Musical Tribute to Neil Diamond
"Sweet Caroline "

Date: Thursday, October 26, 2023

Time: 8:30AM-6:00PM

Location: The Arc Center, Tinton Falls

Cost: \$175 Includes motor coach transportation, theatre ticket, \$25 slot play, buffet lunch, driver gratuity and chaperones. If interested, please call recreation to inquire about ticket availability as space is limited.



The ABBA Tribute

Let's rock out to the hit songs of ABBA, such as "Dancing Queen", "Mamma Mia", "Take a Chance on Me" and so many more. You will thoroughly enjoy this musical extravaganza!

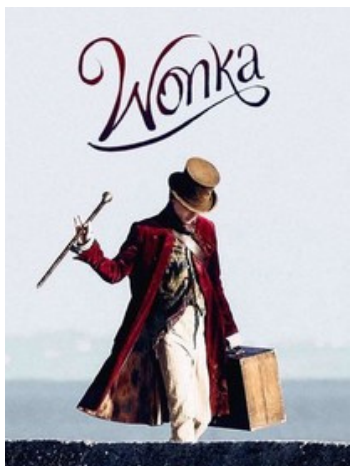
Date: Wednesday, November 1, 2023

Time: 6:30PM-9:30PM

Location: Count Basie Theatre, 99 Monmouth St., Red Bank

Cost: \$85

Upcoming Special Events



The new release date for the highly anticipated film, "Wonka" is sometime in December. If you have previously registered, there is no need to do so again. If you haven't done so but are interested, please indicate so on the registration page. Once a date and time is confirmed, everyone will be notified. We will eat lunch at Chick-fil-A.

Date: December, 2023

Time: TBA

Location: Cinemark Hazlet 12 Theatre, 2821 Rte. 35, Hazlet

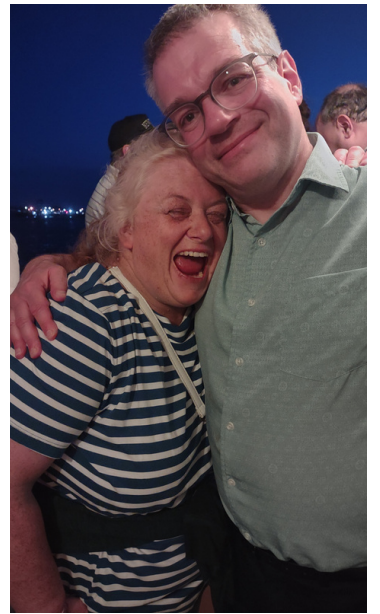
Cost: \$55 includes lunch, movie ticket and chaperones.



Disney Cruise, May 2024

The Recreation Department is pleased to make our return to overnight trips extra special by going on a Disney Cruise! Enjoy interacting with all your favorite Disney characters, see Broadway caliber entertainment, feast on delicious meals and exceptional customer service are all included! If you are interested in joining in on the fun, please indicate on the registration page. Those of you who have already expressed interest in the cruise, along with those registering now, will receive detailed information in the coming months.

Summer 2023



Our FAVORITE Adventures Summer 2023



Fall 2023 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

- I am a member of The Arc of Monmouth
- I am Not a member but would like to become a member

Programs/Events

	Fitness and Wellness Class: Session 1 (9/13 <input type="checkbox"/> 11/15 <input type="checkbox"/>)
	Fitness and Wellness Class: Session 2 (11/29 <input type="checkbox"/> 12/13 <input type="checkbox"/> 1/3/24 <input type="checkbox"/> 1/31/24 <input type="checkbox"/>)
	Turning Pages Book Club (Virtual) (10/17-until completion of book)
	Broadcast Club (Starting 10/12)
	Broadcast show Performance Ticket (Sept 29) Pay at the door
	Barbecue (9/12) FREE
	Karaoke Halloween Party (10/28)
	Bocce (10/16-12/11)
	Joymakers (10/4/23-5/29/24)
	Keansburg Keglers (9/14/23-5/9/24)
	Holland Ridge Farms (10/14)
	PJ Movie Night(s) PLEASE CHECK which date(s) you'd like to attend (9/22) <input type="checkbox"/> and/or (11/10) <input type="checkbox"/>
	Bible Stories (11/28-12/19)
	Brunch at Toast City Diner (9/17)
	ABBA Tribute (11/1)
	Tribute to Neil Diamond (10/26)
	I am interested in Disney Cruise May 2024
	I am interested in "Wonka" and Lunch

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you and indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event. Our phone number is (732) 493-1919 ext. 400. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

COVID-19 Protocols

To maintain the wellbeing of our served individuals, we have established certain protocols: Daily COVID-19 health questionnaire and temperature monitoring, social distancing, and hand washing or hand sanitizer. Outdoor gatherings attended by fully vaccinated and non-vaccinated participants will be required to wear a mask (proactive response procedures for COVID-19 symptoms and/or exposure). Anyone exhibiting signs/symptoms of COVID-19 will be sent home to quarantine per CDC guidelines.

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

\$25 Regular Member

\$35 Supporting Member

\$50 Patron

\$100 Benefactor

\$200 President's Council

\$500 Arc Angel

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM; Monday through Friday. The office phone number is (732) 493-1919 ext. 400



Recreation Program

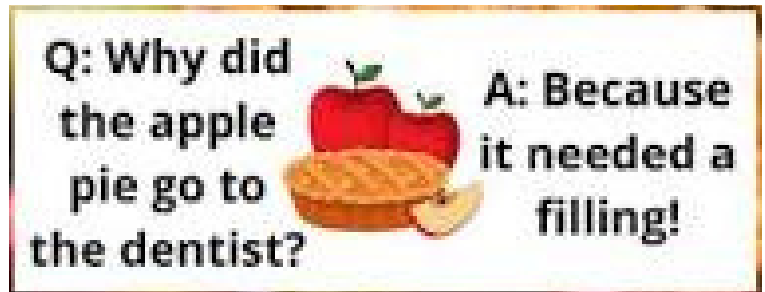
Margie London

Recreation Manager

Email: mlondon@arcofmonmouth.org

Direct Office Line: (732) 493-1919 ext. 400

Email: Recreation@arcofmonmouth.org



Office Hours

9:00 AM—4:30 PM

Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line at (732) 493-1919 ext. 400 for cancellations

CREDIT CARD PAYMENTS

Please do not make a payment until you have received written confirmation of being registered for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-1919 ext. 400 or email hr@arcofmonmouth.org, and complete the online form at arcofmonmouth.org/volunteer.html