



RECREATION BANNER



Winter 2021-2022

CONTACT RECREATION

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Margie London, Recreation Manager
Phone: (732) 493-1919 ext.400
Email: recreation@arcofmonmouth.org
Website: arcofmonmouth.org/recreation

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!

RED BANK'S ANNUAL TOWN LIGHTING

Express Concert. The party starts at 6:45pm as Santa and Mrs. Claus hop aboard the Red Bank fire engine for the parade down Monmouth Street to Broad Street. Holiday Express hits the stage at 7pm with the LIVE countdown to town lighting at 8pm. It's truly a night to remember!

Date: November 26, 2021

Time: 6:45– 8:00 PM

Location: The concert takes place on Board St and Canal (near Germany store) Red Bank

Cost: Free but registration required

Lets celebrate the official start of the holiday season at **Red Bank's 29th Annual Town Lighting and Holiday**



PROGRAMS

Fitness

We will be doing a seated cardio workout that is designed to increase your heart rate, burn calories and build strength. The best part is that it leaves you feeling great! Light weights will be provided, but does not need to be used for class.

Dates: Wednesday evenings
January 5—February 23, 2022

Time: 7:00-8:00PM

Location: The Arc
Center in Tinton Falls
Cost: \$65 For
Members of The Arc



Yoga with Kelly

Kelly will be leading this gentle Yoga class focusing on pose-to-pose and linking movement with breath. She will offer a variety of sitting, standing and inverted posture modifications to encourage participation at every level. Come join this non-intimidating class. All levels - **BEGINNERS WELCOME**

Dates: Wednesday evenings
January 5– February 24, 2022

Time: 7:00-8:00PM

Location: The Arc Center in Tinton Falls

Cost: \$65 For Members of The Arc



Pajama Movie Night The Recreation Department is hosting our annual Pajama Movie Night at The Arc Center. Come join your friends as we watch the movie on the big screen. We will be cozy in our PJ's and blankets. We will be serving pizza, and Hot chocolate with whipped cream and marshmallows! **Wear cuddly comfy PJs.**

Date: Friday, December 17, 2021 and January 14, 2022 (you can register for both dates or just for one)

Time: 6:30 - 9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 for one movie

Cost: \$44 for both movies



Valentine's Day Treat with Michael

This is a Michael Jackson impersonator that will perform interactive step-by-step dance lessons of popular MJ Dances, such as Thriller, Beat it, and his famous Moonwalk. Meet and greet photos with MJ. Come dance and sing with Michael Jackson and his backup dancers. Get your own 4x6 autographed card. This is sure to be thriller! Make it more fun and dress up like MJ!

Date: Friday, February 11, 2022

Time: 7:00PM

Location: The Arc Center

Cost: \$ 50

The Arc Happenings



Area 6 Bowling Meet:

Date: Sunday January 23, 2022

Location: Ocean Lanes, RT 88, Lakewood

Central Sectional Bowling Meet:

Date: Saturday February 26, 2022

Location: Strathmore Lanes, Matawan

Please submit medical forms and bowling scores to the Recreation Department.

Circles Club Outing:

Take me out to an old fashioned baseball game!

Date: April 24, 2022 at 12PM.

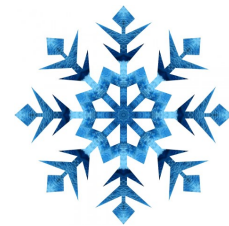
Tickets are \$35 and includes:

- Game day ticket
- Covered Open Air Party Deck with Big-Screen TV
- Limited Reserved Stand Seating adjacent to deck
- All you can eat buffet

Checks can be made out to cash and sent to by November 28, 2021:

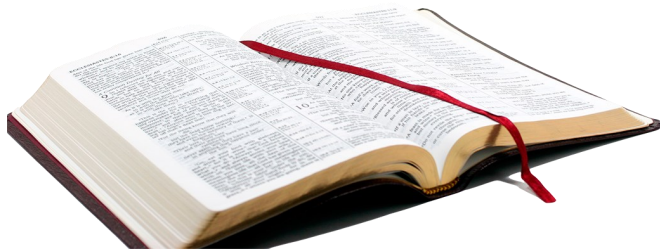
Brianne Glaspey
1000 Fernwood Way
Whiting, NJ 08759

** This event is being hosted by a circles club member.



***Circles Club Meetings have been held virtually but we hope to be able to gather in person soon. If you are interested in joining Circles Club, please indicate on the registration page.

Bible Stories



This is a Bible Story class that is done virtually and it runs for six weeks. This class centers around six different biblical figures and how they built their identity around Christ. The program is being offered by Bonnie Deroski, Director of Children and Youth, UMC of Red Bank.

Date: Mondays from December 27th-February 7th (no class on Jan 24)

Time: 7:00PM

Location: Virtually (the zoom link will be provided on the recreation page on The Arc of Monmouth website)

Cost: Free

SPECIAL EVENTS



'Tis the Season to see Buddy the **ELF** in his quest to find his true identity. This must- see musical is playing at The Algonquin Arts Theatre. Join us to see this Holiday show. Lunch will be provided by Squan Tavern, one of the premiere Italian restaurants on the Jersey Shore.

Date: December 12, 2021

Time: 12:00pm.

Location: Pick up/ drop off at The Arc Center

Cost: \$105.00 Includes transportation, chaperones, Holiday show and lunch from Squan Tavern.

** bring money for concession snacks.

CINEMARK®



We will be hosting our very own private movie screening! Imagine snacking on popcorn, laughing with friends and enjoying new releases in the privacy and comfort of your own auditorium.

Afterwards we will be eating at Chick-fil-A.



Date: February 26, 2022

Location: Pick up/drop off, Cinemark Hazlet Theatre

Cost: \$65.00, includes private auditorium, movie screening and dinner

*** movie and time TBA



SPECIAL EVENTS

KARAOKE PARTY AT THE ARC CENTER

Calling all music lovers...

Let's make this karaoke party the loudest and funniest.

Please join us for food, dance, music and most of all fun!

Date: Friday January 28, 2022

Location: The Arc Center

Time: 7:30-10:00 PM

Cost: \$22



MEDIEVAL TIMES COMING IN MARCH 2022



We will be visiting this family-friendly dinner show attraction. You will feast on a four-course banquet while watching jousting knights, horses, hand-to-hand combat and so much more! It's a thrilling non-stop show. Join us on this fun-filled trip.

[Please indicate your interest on the Winter Registration page. More information will be coming soon.](#)

The Arc of Monmouth's 55th Anniversary Winter Glow

Come with us on the Yellow
Brick Road
On
Friday, December 3, 2021
At
Navesink Country Club
Red Bank, NJ



Register at:

<https://arcofmonmouth.org/news-and-events/events/winter-glow-fundraiser.html>

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you and indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event. Our phone number is (732) 493-1919 ext. 400. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

COVID-19 Protocols

To maintain the wellbeing of our served individuals we have established certain protocols: Daily COVID-19 health questionnaire and temperature monitoring; Social distancing, hand washing or hand sanitizer; Outdoor gatherings attended by fully vaccinated and non-vaccinated participants will be required to wear a mask. (Proactive response procedures for COVID-19 symptoms and/or exposure. Anyone exhibiting signs/symptoms of COVID-19, will be sent home to quarantine per CDC guidelines.

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM; Monday through Friday.
The office phone number is (732) 493-1919 Ext. 400

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

\$25 Regular Member
\$35 Supporting Member
\$50 Patron
\$100 Benefactor
\$200 President's Council
\$500 Arc Angel



Winter 2021- 2022 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

| Programs |
|--|
| <input type="checkbox"/> Pajama Movie Night : <input type="checkbox"/> 12/17/21 <input type="checkbox"/> 1/14/22 |
| <input type="checkbox"/> Karaoke Party (1/28) |
| <input type="checkbox"/> Broadcast Club with Chris |
| <input type="checkbox"/> Yoga with Kelly <input type="checkbox"/> (1/5—2/23) |
| <input type="checkbox"/> Fitness with Margie <input type="checkbox"/> (1/5—2/23) |
| <input type="checkbox"/> I am interested in becoming a Circles Club Member |
| <input type="checkbox"/> I am interested in the Bible Stories Discussion |
| Bowling |
| <input type="checkbox"/> Joymakers (Wednesdays) <input type="checkbox"/> Keansburg Keglers (Thursdays) |
| Special Events |
| <input type="checkbox"/> Michael Jackson's Valentines Day Tribute (2/11) |
| <input type="checkbox"/> ELF The Musical (12/12) |
| <input type="checkbox"/> Private Movie screening and Dinner at Chick-fil-A (2/26) |
| <input type="checkbox"/> BlueClaws |
| <input type="checkbox"/> Medieval Times Trip |
| <input type="checkbox"/> Red Bank Christmas Lighting and Holiday Express |

Please send this registration form back to the Recreation office. Please do not send in any money at this time.

1158 Wayside Road
Tinton Falls, NJ 07712



Recreation Program

Margie London
Recreation Manager
Email: mlondon@arcofmonmouth.org

Direct Office Line: (732) 493-1919 ext. 400
Email: Recreation@arcofmonmouth.org

Office Hours

9:00 AM—4:30 PM
Monday through Friday



IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-1919 ext. 400 for cancellations

CREDIT CARD PAYMENTS

Please do not make a payment until you have
received written confirmation of being registered
for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493 1919 ext. 400 or email hr@arcofmonmouth.org, and complete the online form at arcofmonmouth.org/volunteer.html