



RECREATION BANNER

FALL 2019

Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Phone: (732) 493-0225

Email: recreation@arcofmonmouth.org

Website: arcofmonmouth.org/recreation

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!

Saturday Brunch & Englishtown Auction

First Trip of many to come!!

Hi my Name is Margie London and I am the New Recreation Manager at The Arc of Monmouth. I was so excited to go on my first trip with the Recreation Department and our participants. We went to Luchento's Country Kitchen in Englishtown for a delicious home cooked breakfast where we were able to sit and talk and get to know each other a little better. After we all ventured to the Englishtown Auction and did some bargain shopping. I look forward to meeting

all the wonderful individuals, staff and volunteers that make up this wonderful organization. Come and join our many programs, special events and overnight trips!!! Much fun is to be expected!!!



Programs

Fitness And Zumba

Unfortunately, we have to say goodbye to Randi, but we have two amazing fitness instructors incorporating both Zumba and Aerobics to get your heart pumping ,body moving and boost your mood!!!!!! Come out and join the party as we dance, exercise and get in shape all while listening to music that will motivate and make you sweat.

Dates: Wednesday evenings
September 18-November 13
(no class on October 30)

Time: 7:00-8:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$55 for Members of The Arc
\$65 for Non-Members

Yoga

Lets welcome back Kelly as she leads this gentle class focusing from pose to pose and linking the movement with the breath. Kelly will offer a variety of modifications to encourage participation of everyone. We do sitting, standing and inverted postures. Come join this non-intimidating class . All levels - BEGINNERS WELCOMED

Dates: Wednesday evenings
September 18-November 13
(no class on October 30)

Time: 7:00– 8:00PM

Location: The Arc Center in Tinton Falls

Cost: \$55 For Members of The Arc



Blockbuster Movie Night

The Recreation Department is hosting another Blockbuster Movie Night at The Arc Center. Come join

your friends as we watch the movie on the big screen. An optional movie will be available. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

Date: Friday, September 6, 2019 and November 8, 2019 (If you have already registered for Sept 6, then just register for Nov date)

Time: 6:30 - 9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 for members, \$32 for non-members

Creative Cooking

Our volunteer chefs are back to provide great recipes for some quick and easy meals. Eat a light meal beforehand since you will be sampling your creations.

Dates:

Mondays, Sept 23, Oct 21, Nov 18

Time: 7:00—9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$65 for Members of The Arc;
\$85 for Non-members



BOWLING LEAGUES



JOYMAKERS

Dates: Wednesdays,
Sept 25-May 20 , 2020
NO Bowling January/February
Time: 3:30 - 5:00 PM
Location: Bradley Beach
Bowl, 1212 Main Street,
Bradley Beach, NJ
Cost: \$156 registration and
weekly bowling fees

KEANSBURG KEGLERS

Dates: Thursdays,
Sept 12-May 7, 2020
Time: 4:30 - 6:00 PM
Location: Airport Plaza, Route 36,
Hazlet
Cost: \$30 Registration fee
\$205 weekly bowling fees
Weekly bowling fees for this
program can be broken up into
two installments

MIGHTY MONARC

Dates: Saturdays,
Oct 5- June 13 , 2020
Time: 10:00 - 11:30 PM
Location: Airport Plaza,
Route 36, Hazlet
Cost: \$245 Registration and
weekly bowling fee
Weekly bowling fees for this
program can be broken up into
two installments

Special Olympics

Please indicate on the Registration Page that you are interested in participating in this year's Special Olympics Bowling Competition. To be eligible you must have scores from 15 games and an updated Special Olympic Medical Form with The Recreation Office.

Broadcast Club

We have a great opportunity for the Broadcast Club to partner up with Count Basie for future productions and shows. Stay tuned , More information will be shared soon!!!

Indicate on registration page if you would like more details.



Tuesday Night Social

At the Tuesday Night Social you can socialize with friends, enjoy light snacks, play board games, or dance the night away! This 9 month program is sponsored by Reverend J.B. Coyle Knights of Columbus Council and the Seals Family. It is held on the **first Tuesday** of the month from 7:00 - 8:30 PM at St. Dorothea's on Broad Street in Eatontown. Limited door-to-door transportation available for a fee.

Begins: Tuesday, October 1, 2019
Time: 7:00 - 8:30 PM
Location: St. Dorothea's 240 Broad Street,
Eatontown
Cost: \$20 for members, \$30 for non-members

Special Events



NorthlandZ is the world's largest miniature railroad and a world class attraction with art, music and doll displays. On the weekends, they have an outdoor train that is available to ride. The train runs on a real track and is pulled by a engine that passes through different landscapes and a short tunnel. You can enjoy the scenery as the train chugs by. Lets visit this magnificent display of trains this coming Fall when we head to Flemington NJ for shopping ,lunch and ending the day at NorthlandZ.

Date: Sunday, September 15, 2019

Time: Meet at The Arc at 9AM and pick up at 5PM

Cost: \$70 for Members of The Arc, \$85 for Non-Members

**bring extra money for shopping and lunch



Guys And Dolls

Come and enjoy "The Perfect Musical Comedy"

Date: Sunday Nov 10, 2019

Time: 3:00 PM Show

Location: Axelrod Performing Arts Center
100 Grant, Deal Park

Show only: Meet at the theater at 2:30 PM with pickup time of 5:45 PM

Cost: \$68 for Arc members, \$ 80 for non-members. Includes show ticket and supervision

Dinner and Show

meet at the theater at 2:30 PM. We will transport you to dinner at the All Season's Diner , 176 Wyckoff Road, Eatontown, Pick up at the All Season's Diner at 8PM.

Cost: \$85 for Arc Members, \$100 for non - members. Includes transportation, show ticket and supervision.,Bring \$25 for dinner.



**The Recreation Office will be closed due to a recreation trip to Florida from
October 27—November 1st**

****No Fitness or Yoga Class on October 30; No Classes/Events on October 31
(Halloween)**



Apple Festival 2019

Apple Festival hosted by Delicious Orchards is the ultimate summer sendoff and Fall kick-off all at once. Plenty of games, prizes, live music, local food vendors, an unique car show, and of course, lots of apples.

Date: Sunday, September 8, 2019

Time: 11 AM– 4 PM (meet at the Arc)

Cost: \$25 Arc Members, \$35 Non-members

Includes transportation and supervision.

**** bring extra money for shopping and apple picking**

Family Feud

SURVEY SAYS: It is time to play Family Feud !!! Come join us as we compete to name the most popular responses to survey questions. Pizza and snacks will be served.

Dates: Friday, October 11, 2019

Time: 6:30—9:30 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 Members; \$32 Non-members



Radio City Christmas Spectacular Bus Trip



Don't miss the Rockette's Christmas Spectacular at Radio City Music Hall. We will be taking a charter bus into New York City to see the world famous show. This will be an exciting event, not to be missed!! **** (BRING A BAGGED LUNCH AND MONEY FOR SOUVENIRS)**

Date: Sunday, November 24, 2019

Time: Meet at The Arc, Center at 11AM, Return to The Arc Center at 5:30PM

Cost: \$140 for Members of The Arc, \$160 for Non-Members (may pay in two installments).

Limit: 30, Open to family members if seats remain available.

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you through a letter to indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-0225. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM, Monday through Friday.

The office phone number is (732) 493-0225.

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

- \$25 Regular Member
- \$35 Supporting Member
- \$50 Patron
- \$100 Benefactor
- \$200 President's Council
- \$500 Arc Angel



Fall 2019 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

Programs		
<input type="checkbox"/> Blockbuster Movie Night (9/6), (11/8)		
<input type="checkbox"/> Creative Cooking (9/23, 10/21, 11/18)		
<input type="checkbox"/> Broadcast Club Meeting (9/12)		
<input type="checkbox"/> Yoga	<input type="checkbox"/> (9/18—11/13)	
<input type="checkbox"/> Fitness & Zumba	<input type="checkbox"/> (9/18—11/13)	
<input type="checkbox"/> I am interested in getting more details about the Broadcast Club Program		
Bowling		
<input type="checkbox"/> Joymakers	<input type="checkbox"/> Keansburg Keglers	<input type="checkbox"/> Mighty Monarc
<input type="checkbox"/> I'm interested in Special Olympics Bowling Competition		
Special Events		
<input type="checkbox"/> NorthlandZ Day Trip (9/15)		
<input type="checkbox"/> Family Feud (10/11)		
<input type="checkbox"/> Tuesday Night Social (10/1)	<input type="checkbox"/> I need transportation	
<input type="checkbox"/> Apple Festival (9/8)		
<input type="checkbox"/> Guys And Dolls (11/10)	<input type="checkbox"/> Show Only	<input type="checkbox"/> Dinner & Show
<input type="checkbox"/> Radio City Christmas Spectacular Bus Trip (11/24)		

Please send this registration form back to the Recreation office. Please do not send in any money at this time.

1158 Wayside Road
Tinton Falls, NJ 07712



Recreation Program

Margie London
Recreation Manager
Email: mlondon@arcofmonmouth.org

Direct Office Line: (732) 493-0225
Email: Recreation@arcofmonmouth.org

Office Hours

9:00 AM—4:30 PM
Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-0225 for cancellations.

CREDIT CARD PAYMENTS

Please do not make a payment until you have
received written confirmation of being registered
for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-0225, email hr@arcofmonmouth.org, or complete the online form at arcofmonmouth.org/volunteer.html