

## Health Services

1158 Wayside Road Tinton Falls, NJ 07712

The Arc of Monmouth specializes in behavioral health care of patients with Intellectual/Developmental Disabilities (I/DD). We understand the needs of our unique clients and carefully create treatment plans, modify approaches, and enact modalities to best serve our patients with utmost integrity.

The Arc of Monmouth is a leader in being able to offer services to people with I/DD and co-occurring mental challenges, including, but not limited to:

- Depression
- PTSD
- Anxiety Disorders
- Bipolar Disorder
- Eating Disorders
- ADHD/ADD

- Obsessive-Compulsive Disorder
- Self-Harm
- Psychotic disorders
- Disruptive behavior disorders
- · Explosive behavior



Scan to email

healthservices@arcofmonmouth.org

## Supports Include:

- Primary Care Services
- Outpatient Psychiatric Services
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Counseling Services
- Behavioral Therapy
- Holistic Person-Centered health care
- Psychiatry Services
- Psychotherapy Services
- Daily living skills



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