

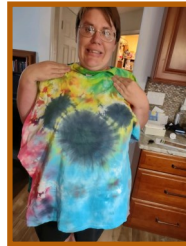
CONTACT RECREATION

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

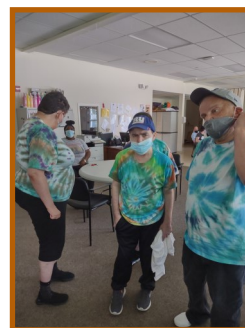
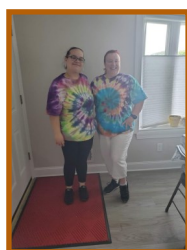
Margie London, Recreation Manager
Phone: (732) 493-1919 ext.400
Email: recreation@arcofmonmouth.org
Website: arcofmonmouth.org/recreation

Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and/or our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



Our Tie-Dye event was a huge success. The Recreation Department and its volunteers were thrilled to see so many of our friends come out and enjoy themselves. We have amazing programs being prepared as we reopen in September!



PROGRAMS

Fitness with Zachary

We have a new fitness instructor joining us! Zachary is a personal trainer who is certified in inclusion fitness, nutrition and sports coaching... Give his class a try, you won't regret it!

Dates: Wednesday evenings
September 22-November 10

Time: 7:00-8:00PM

Location: The Arc Center in Tinton Falls

Cost: \$65 For Members of The Arc



Yoga with Kelly

Let's welcome back Kelly, as she leads this gentle Yoga class focusing on pose-to-pose and linking movement with breath. Kelly will offer a variety of modifications to encourage participation at every level. We will do sitting, standing and inverted postures. Come join this non-intimidating class. All levels - **BEGINNERS WELCOME**

Dates: Wednesday evenings
September 22-November 10

Time: 7:00-8:00PM

Location: The Arc Center in Tinton Falls

Cost: \$65 For Members of The Arc



Blockbuster Movie Night

The Recreation Department is hosting a Blockbuster Movie Night at The Arc Center. Come join your friends as we watch a movie on the BIG screen. Pizza for dinner. Last minute registrations are welcome, please call at least 24 hours in advance.

Date: Friday, October 1, 2021

Time: 6:30 - 9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 for members of The Arc

Broadcast Club

Chris, our favorite drama coach is back! Stay tuned, more information will be shared soon! Indicate on registration page if you would like more details.

Bible Stories Class

Would you be interested in discussing Bible stories. This will be a virtual class offered by Bonnie Deroski from Grace Lutheran Church on Tuesdays, beginning September 28th from 7:00-8:00PM. Indicate on registration page if you are interested in this new offering.



Circles Club Meeting

Circles Club Meeting will be done virtually on Saturday, August 28 and September 25, 10-11AM. Zoom link will be sent out to all Circles Club Members. If you would like to become a member of the Circles Club, please check the box on the registration page.

BOWLING LEAGUES

JOYMAKERS

Dates: Wednesdays,
October 6, 2021 -
May 18, 2022

NO BOWLING JANUARY/FEBRUARY

Time: 3:30 - 5:00 PM

Location: Bradley Beach Bowl
1212 Main Street,
Bradley Beach, NJ

Cost: \$176 registration and
weekly bowling fees



KEANSBURG KEGLERS

Dates: Thursdays,
September 9, 2021 -
May 5, 2022

Time: 4:30 - 6:00 PM

Location: Airport Plaza
Route 36, Hazlet

Cost: \$30 Registration fee
\$210 weekly bowling fees
Weekly bowling fees for this program
can be broken up into two
installments

GOLF

We will be playing golf at the lovely Spring Meadow Golf course from September 13-October 18. If you would like more information, please indicate your interest on the registration page.



BOOK CLUB

Our virtual book club was such a success that we are going to do it again.

This program will be held virtually and will begin in the first week of October. Please indicate on the registration page if you are interested in joining.

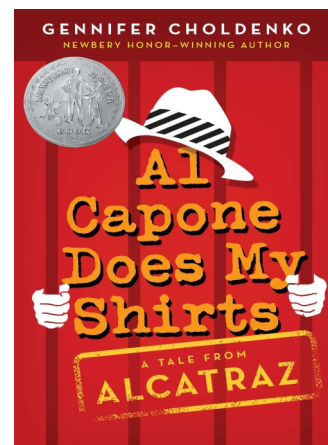
We will be reading “**Al Capone Does My Shirts**” by Gennifer Choldenko

Date: Tuesday evenings October 12– December 28
No Book Club on the following dates: 11/2, 11/23 and 12/21

Time: 5:00– 6:00PM

Location: Virtual

Cost: \$25.00 For Members of The Arc



SPECIAL EVENTS

Rainforest Café

A tropical rainforest retreat and delicious eats await you. Look for the erupting volcano!

Imagine you're an explorer and journey deep into the Amazon, where you'll dine in the company of animated animals and to the sounds of thunder and experience sudden rainstorms. Singing birds, trumpeting elephants, chest-pounding gorillas and schools of brightly colored fish welcome you to the jungle, lushly landscaped with tropical vegetation, banyan trees, waterfalls and a starry nighttime sky.

Feel far away yet at home all at once with American-style food. Then swing by the Rainforest Cafe shop, where you can pick up plush animals, themed apparel and tropical trinkets to commemorate your Rainforest Adventure.

Date: Saturday, November 13, 2021

Time: 12:00 –3:30

Location: The Arc Center, transportation to and from the **Rainforest Café** will be provided. Pickup at The Arc Center at 3:30

Cost: \$60, bring extra money for souvenirs.



Cornucopia Cruise Line

Lets enjoy a wonderful brunch on the beautiful Princess Yacht with fantastic food, DJ and breathtaking New York Skyline Water Views! Bring your camera!

Date: September 26,2021

Time: 10:30-3:30 PM

Location: Pick up and drop off at The Arc Center

Cost: \$85

Attire: Casual/Dressy

Bring sunscreen and camera

HALLOWEEN PARTY AT THE ARC CENTER

You are invited to Spooktacular Halloween party!

Games, DJ, snacks, and of course, our Halloween Costume Contest. Prizes will be given for top three best costumes.

Date: Friday October 29, 2021

Location: The Arc Center

Time: 7:30-10:00 PM

Cost: \$20



IT'S TIME FOR FAMILY FEUD



SURVEY SAYS:

It is time to play Family Feud !!!

Come join us as we compete to name the most popular responses to survey questions.

Pizza and snacks will be served.

Dates: Friday, November 19, 2021

Time: 6:30—9:00 PM

Location: The Arc Center in Tinton Falls

Cost: \$22 Members



DAVE & BUSTER'S DAY TRIP

Top Reasons we **LOVE** Dave & Buster's:

- 1—It has all our favorite games!
- 2—The Food is really yummy!
- 3—It's a Happy Place!

Date: Saturday , October 16, 2021

Time: 11:00-3:30 PM

Location: Pick-up/Drop off at The Arc Center*

*Transportation to and from Dave & Busters will be provided

Cost: \$80*

* This includes transportation, private party room, food, beverages, and 200 game chips used for playing games.

Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you and indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Please do not pay online via credit card until you have received confirmation.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event. Our phone number is (732) 493-1919 ext. 400. When the program is cancelled, a message will be left on the machine. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Transportation

Limited transportation is available for some of the special events for those individuals who have no other means of transportation. There is a small fee when transportation services are utilized.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. Full sponsorships are also available. If you need financial assistance, please contact the recreation office. We will send you a sponsorship application to complete and return.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.

COVID-19 Protocols

To maintain the wellbeing of our served individuals we have established certain protocols: Daily COVID-19 health questionnaire and temperature monitoring; Social distancing, hand washing or hand sanitizer; Outdoor gatherings attended by fully vaccinated and non-vaccinated participants will be required to wear a mask. (Proactive response procedures for COVID-19 symptoms and/or exposure. Anyone exhibiting signs/symptoms of COVID-19, will be sent home to quarantine per CDC guidelines.

Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM; Monday through Friday.

The office phone number is (732) 493-1919 Ext. 400

Why should I join The Arc of Monmouth or renew my membership annually?

Member Benefits:

- Newsletters & Communication from The Arc of the US, The Arc of NJ and The Arc of Monmouth
- Reduced Rates for Recreation Programs and Activities
- Chance to Support The Arc and Spread Awareness
- Discounted registration to annual national events, like the National Convention
- Active Online Community
- Access to Resources

Membership Options:

\$25 Regular Member

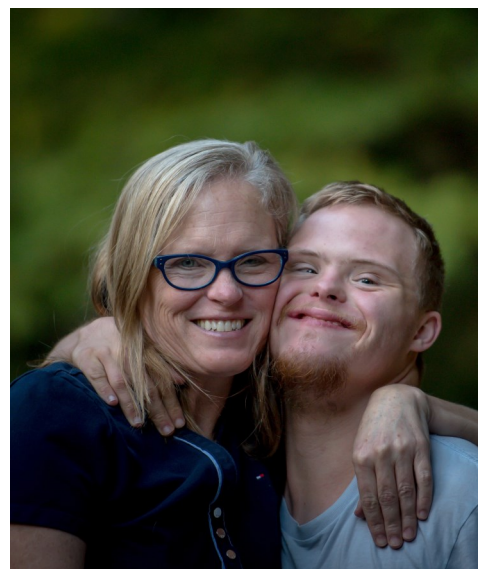
\$35 Supporting Member

\$50 Patron

\$100 Benefactor

\$200 President's Council

\$500 Arc Angel



Fall 2021 Registration Page

Participant's Name: _____

Address: _____ Town/Zip: _____

Home Phone: _____ Participant Cell Phone: _____

Email Address: _____ Parent Cell Phone _____

Parent/Sponsor Name: _____

☐ I am a Member of The Arc of Monmouth

☐ I am Not a Member

☐ I am Not a Member, but would like to become a member.

Programs

☐ Blockbuster Movie Night (10/1)

☐ Book Club (Virtual) (10/12-12/28)

☐ Broadcast Club with Chris

☐ Yoga with Kelly ☐ (9/22—11/10)

☐ Fitness with Zachary ☐ (9/22—11/10)

☐ I am interested in becoming a Circles Club Member

☐ I am interested in the Bible Stories Discussion

Bowling and Golf

☐ Joymakers (Wednesdays) ☐ Keansburg Keglers (Thursdays)

☐ Golf (9/13-10/18)

Special Events

☐ Cornucopia Cruise Trip (9/26)

☐ Dave & Busters Trip (10/16)

☐ Halloween Party (10/29)

☐ Rainforest Café Trip (11/13)

☐ Family Feud (11/19)

Please send this registration form back to the Recreation office. Please do not send in any money at this time.
1158 Wayside Road
Tinton Falls, NJ 07712



Recreation Program

Margie London
Recreation Manager
Email: mlondon@arcofmonmouth.org

Direct Office Line: (732) 493-1919 ext. 400
Email: Recreation@arcofmonmouth.org

Office Hours

9:00 AM—4:30 PM
Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-1919 ext. 400 for cancellations

CREDIT CARD PAYMENTS

Please do not make a payment until you have
received written confirmation of being registered
for each event.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493 1919 ext. 400 or email hr@arcofmonmouth.org, and complete the online form at arcofmonmouth.org/volunteer.html