

THE ACHIEVEMENT ZONE

ABOUT THE PROGRAM:

Young adults enrolled in The Achievement Zone (TAZ) are challenged and prepared to pursue their goals. TAZ offers a robust and well-balanced curriculum of prevocational training and community inclusion activities, such as job clubs, community service, creative arts and day trips.

**Drop off and pick up are at The Arc Center,
unless otherwise specified.**



SCHEDULE: Monday through Friday
9:00 AM to 3:00 PM

2019 Spring Session:
Monday, April 22—Friday, June 28
Closed on Memorial Day, May 27, 2019

REQUIREMENTS FOR THE ACHIEVEMENT ZONE:

- Participants must demonstrate the ability to accept and follow reasonable rules and to act safely and respectfully towards others.
- Participants must have sufficient emotional and independent stability to participate in all aspects of the daily schedule.
- Participants must be able to administer their own medication and be capable of attending to their personal hygiene.
- Transportation to and from the program will be the responsibility of the individual and their family. If you are using an outside vendor for transportation, please note pick up and drop off locations may differ depending on activity.
- Final acceptance into a program offering will be determined based on assessment by The Arc of Monmouth staff.



EXPLORE



ENRICH



ENGAGE

www.arcofmonmouth.org/TAZ

Contact Damaris Scalzi at dscalzi@arcofmonmouth.org or call 732-493-1919 ext. 440

TAZ SPRING 2019 PROGRAM OFFERINGS

MONDAY

1. Creative Expressions (Community Inclusion) Enjoy a day creating original works of art in a variety of media, and participating in an interactive theater workshop. This session is for drama students who are interested in performing in front of a live audience. There will be two performances in May. *Drop off and pick up at Middletown Arts Center, 36 Church St, Middletown 07748.

2. Inventory & Money Management (Prevocational Training) Take inventory, shop for groceries, practice money management and financial literacy skills.

TUESDAY

1. Gardening & Drama (Community Inclusion) Enjoy some fresh air while learning how to care for plants and harvest produce. In the afternoon, the group will enjoy a drama class at Count Basie Theater. *Drop off and pick up at Crawford House, 750 Tinton Ave, Tinton Falls.

2. Wandering Wagon & Job Club (Prevocational Training) In Job Club, discuss career options and practice workplace etiquette. Wandering Wagon emphasizes social interaction, money management, sales, maintaining and stocking inventory, and customer service.

WEDNESDAY

1. Community Visits (Community Inclusion) Trips will differ each week to create a variety of enriching experiences and learning opportunities. We take advantage of many seasonal local activities. *Drop off and pick up at Panera Bread, 1050 Broad Street, Shrewsbury 07702.

2. Community Service (Prevocational Training) Volunteer experiences will rotate between a nursing home, soup kitchen, and the food pantry. Various job skills will be practiced and reviewed in the afternoon job club.

3. Respite Participants are encouraged to socialize, build friendships, and maximize independence in a variety of activities, such as: arts and crafts, music, cooking, fitness, movies, or games.

THURSDAY

1. Dance & Drama with Travel Training (Community Inclusion) Dance class at Middletown Arts Center. Board the train toward Red Bank and participate in a theater class at the Count Basie and return to Middletown by train. For a discounted rate, participants will need a NJ transit reduced fare card and money for the train. *Drop off and pick up at Middletown Arts Center.

2. Allaire Farm (Prevocational Training) Work directly with animals and learn about plants in the greenhouses and gardens. Horseback riding and driving lessons are available. Additional fees may be incurred, as charged by Allaire Community Farm. *Drop off and pick up at Allaire Community Farm.

3. Respite Participants are encouraged to socialize, build friendships, and maximize independence in a variety of activities, such as: arts and crafts, music, cooking, fitness, movies, or games.

FRIDAY

1. Let's Do Lunch (Prevocational Training) Participants learn the ins and outs of the catering industry. Each week, the group will plan a menu, take inventory and shop for ingredients, and practice culinary techniques preparing the meals. Staff from The Arc Center and program participants can purchase their lunches.

Please note: following the Brookdale program, these Friday options will run for 7 weeks 5/17/19 to 6/28/19

2. Fitness & Community Service (Community Inclusion) All participants in this activity will be required to get a 2-month membership to Planet Fitness. TAZ will provide the membership forms. The day will include a workout at Planet Fitness and volunteer experience at Habitat for Humanity or Open Door Food Pantry in Freehold. *Drop off and pick up at Freehold Mall near the carousel.

3. Enhancing Job Skills & Technology (Prevocational Training) Prepare for a job in the community by practicing interviews and learning to get along with coworkers and supervisors. In technology class, learn internet safety and online research as well as Microsoft Office. *Please visit the TAZ website for eligibility requirements.

4. Explore the Shore (Community Inclusion) Visit community landmarks throughout the shore area, such as Sandy Hook lighthouse or the charm of Ocean Grove. *Drop off and pick up at Fort Monmouth Recreation Center at 2566 Guam Lane, Tinton Falls.

For details and service units, please visit www.arcofmonmouth.org/TAZ