



Fall 2026

RECREATION BANNER



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Welcome to Recreation!

The Arc of Monmouth Recreation Department offers a variety of social and recreational programs for individuals with intellectual and developmental disabilities. The programs are designed to serve various levels and are supervised by our staff and our wonderful volunteers. To register for programs, just complete the registration page of this Recreation Banner and email/mail the form to the Recreation Department. For new participants, please contact our office for our welcome packet!



Contact Recreation

The Arc Center
1158 Wayside Road
Tinton Falls, NJ 07712

Brianna Quigley, Recreation Coordinator
Phone: (732)493-1919 ext.400
Email: recreation@arcofmonmouth.org
Website: arcofmonmouth.org/recreation



Leagues and Clubs

****All payments must be in before the club or league starts in order to participate****



Keansburg Keglers

Dates: Thursdays, September 17, 2026- May 13, 2027

NO BOWLING: Nov 26, Dec 17, Dec 24, Dec 31, and March 25

Time: 4:30PM-6:00PM

Location: AMF Strathmore Bowling Lanes

1061-G Highway 34, Aberdeen Township, NJ 07747

Cost: \$30 Registration Fee and \$255 Bowling Fee

Fitness Fusion

Join us for this complete fitness class where we incorporate breathing techniques, stretching, cardio, muscle strengthening with weights and bands, and yoga. All of these modalities are combined into one energizing one-hour session. We keep the class fun and engaging with music, strong instructor and participant connection, teamwork, and a shared interest in health and wellness. Come ready to move, connect, and feel your best!

Dates: Wednesdays – September 9, 2026-October 21, 2026

Location: The Arc Center, Tinton Falls

Time: 6:00PM-7:00PM

Cost: \$65

****Please note that we have changed the time of our class to now be 6:00PM-7:00PM****



Clubs

The Arc Spotlight Players

Formally known as Broadcast Club, we present the “The Arc Spotlight Players”. Come join our outstanding club . If you're interested in acting and singing, this club offers you that and so much more. Increase your self-confidence and form lasting friendships, all while exploring your creativity. No experience is necessary, just a fun attitude is all you need! Our club has several performances throughout the year.



Date: Thursdays, September 10, 2026-June 17, 2027

No session: **October 22, November 12, November 26, December 24, December 31 and March 4**

Time: 7:00PM-8:00 PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$200 For the year

Origami Club

Unfold your creativity at Origami Club! Join us as we learn the traditional Japanese art of paper folding and transform simple sheets of paper into beautiful creations. Whether you're a beginner or have folded before, everyone is welcome! We'll create a variety of fun and seasonal designs while building fine motor skills, improving focus, and enjoying a relaxing, social atmosphere. All materials are provided—just bring your imagination!



Date: First Friday of every month, September 4th, October 2nd and November 6th, 2026

Time: 5:00PM- 6:00PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$20 (includes materials for the entire fall session)

Events

Barbecue Party

Join us for a fun evening of great food and music generously sponsored by The Knights of Columbus!

Date: Tuesday, September 15, 2026

Time: 5:00PM-8:00PM

Location: Wolcott Park, 1-99 Willow Ave., Eatontown 07724

Cost: Free but **MUST** register with the Recreation Department. DJ and food will be provided.

****No transportation for this event****

****This event is in a large outdoor group setting****



PJ Movie Night

Come join your friends as we watch a movie on the BIG screen in our pajamas. Pizza and snacks will be served. We will take a survey of what movie we would like to watch earlier in the month. Last minute registrations are welcome; please call the recreation department at least 24 hours in advance.

Date: Friday, September 25, 2026

Time: 6:00-8:45PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$25

****This event will be in a large, low lighted group setting****



Alcohol-Free Wine Taste Testing

Join us for a fun night of tasting and rating a variety of alcohol-free wines! Enjoy delicious snacks, refreshments, and great company. It's the perfect fall-inspired evening for everyone!

Date: Tuesday, September 29, 2026

Time: 6:00-7:30PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$30

****This event is sensory friendly with low music playing****



Events

Pumpkin Picking

Join us for a fun-filled fall adventure at Casola Farms! We'll enjoy pumpkin picking, a scenic hayride, and explore the farm's festive fall attractions. It's the perfect way to celebrate the season with friends!

Date: Sunday, October 4, 2026

Time: 10:30AM-1:00PM

Location: A Casola Farms

178 State Route 34, Holmdel NJ

Cost: \$40

****Includes chaperones, pumpkins and other fall activities****

****Transportation is not provided for this event****

****Please bring money for food and souvenirs****

****Please wear comfortable shoes to walk in grass and gravel****

****This event is in a large public group setting****



Fall Foliage Brunch Cruise

Treat yourself like a VIP on a Seastreak Fall Foliage Brunch Cruise! You'll love the delicious buffet! Relax and enjoy an ever-changing view of the fiery red, glowing orange, and golden yellow foliage that makes the Hudson River an international fall destination.

Date: Sunday, October 18, 2026

Time: Dropoff: 9:00AM

Pickup: 4:30PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: TBA

****Includes transportation, cruise/brunch ticket, gratuity and chaperones****

****This event is in a large group setting and can be loud****



Events

Halloween/Karaoke Party

Something's brewing and it'll be ghoulishly fun... a wicked good time for everyone! Fly on over for a Halloween Bash wearing your costume! There will also be a costume contest, along with dessert and music will be provided.

Date: Tuesday, October 27, 2026

Time: 6:00PM-8:00PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$25

****Louder music and singing will be played in this larger group setting****



Fall Craft Night

Celebrate the beauty of fall with a cozy and creative evening! Join us as we make beautiful mason jar tea light holders—the perfect decoration to brighten up your home during the autumn season. We'll provide all the supplies you need to design your own unique fall-themed masterpiece while enjoying great company, snacks, and refreshments. Come get creative, have fun, and take home a festive decoration to enjoy all season long!

Date: Tuesday, November 3, 2026

Time: 5:30-7:30PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$30

****This event is sensory friendly with low music playing****



Special Events

Friendsgiving Night

Celebrate Friendsgiving with us! Bring your favorite crockpot dish or a tray of food to share with everyone as we enjoy a delicious potluck dinner together. Come hungry and enjoy a fun evening filled with great food, friends, and Thanksgiving spirit!

Please include a complete list of ingredients with your dish.
No peanuts or peanut products are permitted due to allergies.

Date: Friday, November 13, 2026

Time: 6:00PM-8:00PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$25

****This event is sensory friendly with low music playing****



Axelrod Performing Arts Center Presents: The Wizard of Oz

Follow the Yellow Brick Road with us as we take a magical trip to the theater to see The Wizard of Oz! Join Dorothy, Toto, the Scarecrow, the Tin Man, and the Cowardly Lion on their unforgettable adventure to the Emerald City. Enjoy a fun-filled day of live entertainment, great company, and timeless songs that everyone knows and loves. Don't miss this exciting theatrical experience!

Date: Sunday, November 15, 2026

Time: **Drop off:** 12:45PM

Pickup: 5:00PM

Location: The Arc Center, 1158 Wayside Rd., Tinton Falls

Cost: \$95

****Transportation is provided for this event****

This event takes place in a large public group setting and includes loud music, singing, and amplified sound. Strobe lighting and other flashing light effects may be used during the performance. If you have any sensory concerns or sensitivities, please plan accordingly.*



Recreation Registration Information

Registration

Please indicate on the Registration Page the programs and special events that you are interested in attending. **DO NOT SEND IN ANY MONEY AT THIS TIME!** We will notify you and indicate which programs you are confirmed for and which ones you are on the waiting list for. The Recreation staff has final approval for participation in all events. Payments are cash or check **ONLY**.

Cancellation

If fewer than the minimum participants register for a program, it may be cancelled. A program reimbursement or credit will be issued. Refunds are not guaranteed for any program. If the individual cancels for a program, he or she must give at least three days notice for a refund for a ticketed event, and 24 hours notice for a non-ticketed event. Please note that in the event of a cancellation, we may not be able to refund your money.

Inclement Weather

In the event of poor or questionable weather, call our office for updated information an hour and a half prior to the scheduled time of the event.

Our phone number is (732) 493-1919 ext. 400. When the program is cancelled, a email and phone call will be sent out. If the agency is closed due to bad weather, all programs during that time will also be cancelled.

Financial Assistance

If financial assistance is needed in order to participate in a program, special event, or vacations, please call the Recreation Dept. We will set up a payment plan if one is needed. If you need financial assistance, please contact the recreation office.

Change of Address or Phone

If you have moved or changed your phone number, please let us know. It is important that the Recreation Office records are kept up-to-date in order to provide you with the best possible service.



Recreation Office Hours:

The Recreation Department office hours are 9:00 AM—4:30 PM; Monday through Friday.
The office phone number is (732) 493-1919 ext. 400



Recreation Department

Brianna Quigley

Recreation Coordinator

Email: bquigley@arcofmonmouth.org

Direct Office Line: (732) 493-1919 ext. 400

Email: Recreation@arcofmonmouth.org

Office Hours

9:00 AM—4:30 PM

Monday through Friday

IN CASE OF INCLEMENT WEATHER

Call the Recreation Direct Line
at (732) 493-1919 ext. 400 for
cancellations

PAYMENTS

Please do not make a payment until
you have received written
confirmation of being registered
for each event. Cash or check ONLY.

Volunteers Wanted!

The Recreation Department is based on volunteers helping out with our programs and special events. Without volunteers, we would not be able to have as many programs to offer to our participants. Many volunteer opportunities are available. We are always looking for new faces to come help out! If you or anyone you know is interested in making a difference in someone else's life, we have wonderful and rewarding opportunities waiting!

If you are interested in volunteering, please contact the Recreation Dept. (732) 493-1919 ext. 400 or email hr@arcofmonmouth.org, and complete the online form at arcofmonmouth.org/volunteer.html

Fall 2026 Registration Page

Participant's Name: _____
Address: _____ Town/Zip: _____
Home Phone: _____ Participant Cell Phone: _____
Email Address: _____ Guardian Cell Phone _____
Guardian Name: _____

Programs/Events

	Keansburg Keglers (9/17/2026-5/13/2027)
	The Arc Spotlight Players (9/10/2026-6/17/2027)
	Fitness Fussion (9/9/2026-10/21/2026)
	Origami Club (9/4/26, 10/2/2026, and 11/6/2026)
	BBQ Party (9/15/2026) FREE
	PJ Movie Night (9/25/2026)
	Alcohol-Free Wine Taste Testing (9/29/2026)
	Pumpkin Picking (10/4/2026)
	Fall Foliage Brunch Cruise (10/18/2026)
	Halloween/Karaoke Party (10/27/2026)
	Fall Craft Night (11/3/2026)
	Friendsgiving Night (11/13/2026)
	Wizard of Oz at Axelrod Arts Center (11/15/2026)