RAISE \$500 IN 1 WEEK

DAY 1

Register and Donate \$25 yourself

\$50

WALK & 5X

DAY 7

Ask your company for a \$50 donation

DAY 2

Ask 5 relatives to match your \$25 donation

DAY 3

Share on social media. Tag 5 friends and ask each for \$20

DAY 6
Email 15 friends and ask for \$5 each

DAY 4

Ask 5 co-workers to sponsor you for \$10

DAY 5

Ask 2 businesses you frequent for \$25



www.arcofmonmouth.org/walk

Questions? Contact Kristy Ford at kford@arcofmonmouth.org or call 732-493-1919 ext. 125