The Arc
of Monmouth
For people with intellectual
and developmental disabilities

THE ARC OF MONMOUTH'S PROGRAM OFFERINGS

About Us

The Arc of Monmouth promotes and protects the human rights of individuals with intellectual and developmental disabilities and actively supports their full inclusion and participation in the community throughout their lifetimes; and is committed to enhancing the quality of life of those individuals and their families through advocacy, empowerment, education, and prevention.

These core principles guide us in all we do:

Respect

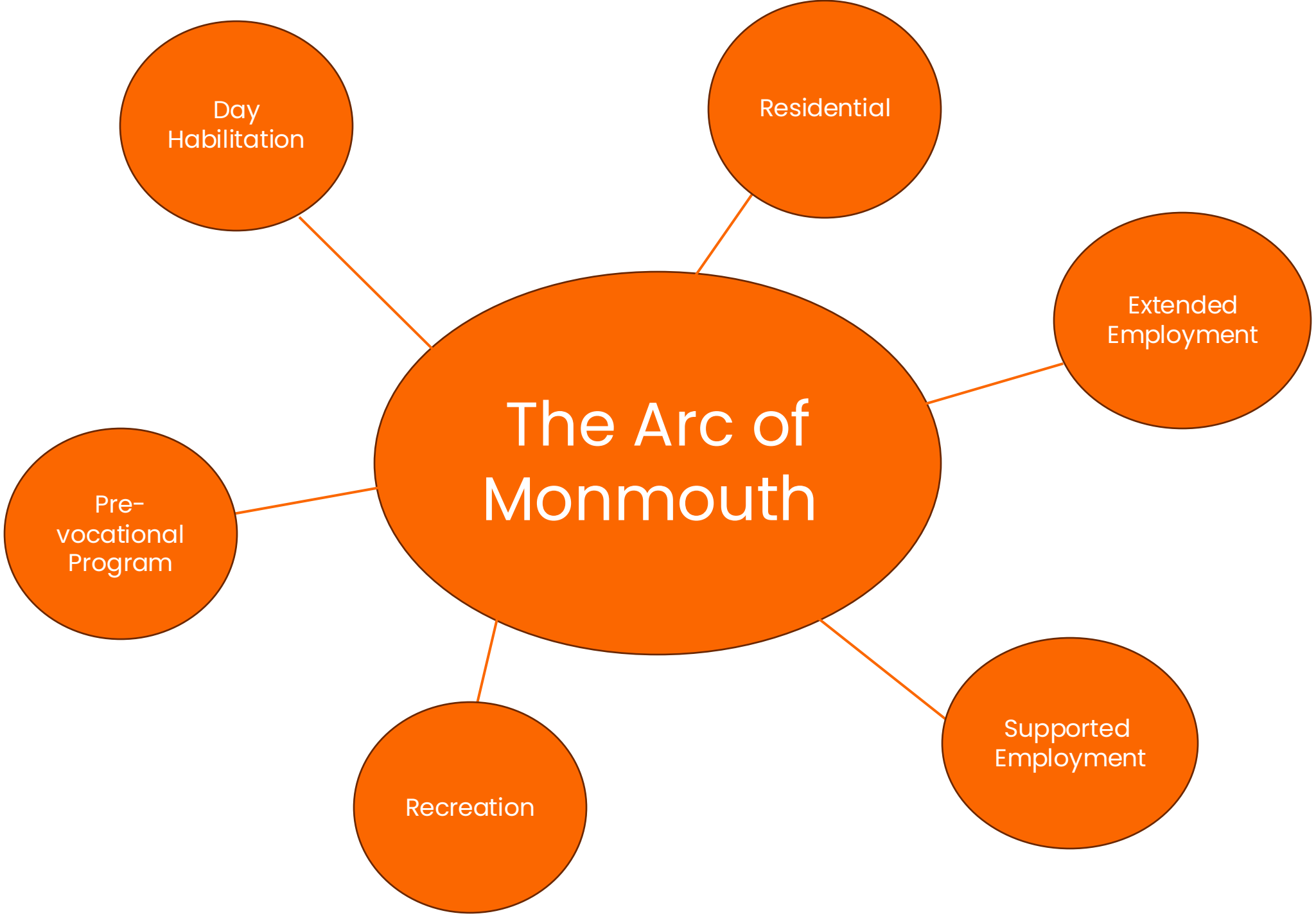
Kindness

Positive Attitude

Trustworthiness

Conscientiousness




Day Habilitation
Residential
Extended Employment
The Arc of Monmouth
Pre-vocational Program
Recreation
Supported Employment

What We Do

At The Arc of Monmouth, we are committed to supporting individuals with intellectual and developmental disabilities in leading meaningful, independent, and fulfilling lives.

We offer:

- Six specialized Day Habilitation Programs tailored to diverse needs
- Transportation services (within a 12-mile radius)
- Adult Continued Care (Respite) programs during weekdays and select Saturdays
- The Work Opportunity Center (WOC) for hands-on vocational experience
- Kach Program – a three-year college experience in partnership with Brookdale Community College
- Supported Employment services for community-based job placement
- Pre-vocational and work readiness training programs
- Recreation Program

Campus Parkway Day Programs

Located in Wall Township

Campus Parkway Offerings

Campus Parkway is located in Wall Township and is home to three of our Day Programs. Offerings include:

- On-site gym and fitness opportunities
- Sensory rooms in each program
- Outdoor recreation spaces
- Individual pre-vocational services
- On-site Occupational, Physical, and Speech Therapy
- Respite and behavioral support services
- Transportation available for all programs







Therapies & Behavioral Services

Physical, Occupational & Speech Therapy

- Provided by on-staff therapists who support participants' individual needs.
- A physician's prescription is required to receive therapy services.
- Services are offered at our Day Programs or Residential Homes, wherever participants feel most comfortable.
- Therapists work directly with participants to promote independence, improve skills, and enhance quality of life.

Behavioral Support Services

- Our team includes 2 Board Certified Behavior Analysts (BCBAs) and 2 Registered Behavior Technicians (RBTs).
- Behavioral support staff work directly with participants in our Day Programs.
- Staff review each participant's Individualized Service Plan (ISP) and Division of Developmental Disabilities (DDD) requirements to identify individual needs.
- Personalized behavioral support plans are developed to promote positive behaviors, skill development, and overall well-being.





Transportation

Transportation Services

- Agency-Owned Fleet: The Arc of Monmouth maintains its own fleet of vehicles, operated by dedicated drivers on staff.
- Convenient Transportation: We provide reliable transportation to and from our Day Programs.
- 12-Mile Service Radius: Transportation is available for participants residing within a 12-mile radius.
- Beyond 12 Miles: Transportation options may be available for participants residing outside the 12-mile radius.
- Individualized Solutions: We work with participants and families on a case-by-case basis to determine the best transportation arrangements for their needs.





Behavioral & Therapeutic Achievement Center

The Behavioral and Therapeutic Achievement Center is a Day Habilitation program that provides a welcoming and supportive environment where individuals of all abilities can explore their interests, build skills, and connect with their community.

Participants enjoy a variety of enriching experiences, including community outings, health and wellness activities, and creative expression through music and movement—all designed to promote confidence, connection, and joy.

This program offers inclusive supports for individuals with behavioral and medical needs.





Behavioral Support & Skill Focus

This program focuses on understanding behavior, developing coping strategies, and promoting personal growth through structured, supportive activities.

Our team collaborates closely with Board Certified Behavior Analysts (BCBAs) and Registered Behavior Technicians (RBTs) to:

- Conduct assessments
- Develop individualized behavior support plans
- Provide ongoing support and guidance

A higher staff-to-participant ratio allows for more personalized attention.

Skills Focus:

- Social Awareness & Interaction
- Emotional Regulation
- Stress Management
- Positive Behavior Development
- Self-Advocacy
- Coping & Calming Strategies



Supported Achievement Center

The Supported Achievement Center is a Day Habilitation program specializing in positive behavioral supports, skill development, and meaningful daily experiences both on-site and in the community.

Participants engage in a wide range of community-based activities, including visits to museums, parks, restaurants, events, and volunteer opportunities—helping to build independence and real-world connections.

Outings are designed in small groups to encourage meaningful interaction, skill development, and community inclusion.





Program Offerings

Participants play an active role in shaping their daily schedules by choosing activities that reflect their interests and goals.

Program offerings include:

- Arts & Crafts
- Money Management & Life Skills
- Cooking & Household Skills
- Personal Hygiene & Self-Care
- Self-Advocacy & Decision-Making
- Social Skills & Communication
- Fitness & Wellness
- Academic Enrichment
- Sensory Activities

All programming is guided by each individual's **Individualized Service Plan (ISP)** and Person-Centered Planning.



Special Medical Needs Achievement Center

The Special Medical Needs AC is fully accessible for individuals who use wheelchairs or walkers, and licensed nurses are available to provide any necessary care. Participants enjoy a wide range of enriching activities tailored to meet diverse medical needs.



Program Highlights

- Accessibility for wheelchairs and walkers
- Assistance with meals and specialized dietary needs
- Adaptive equipment, including lifts
- Strong seizure management protocols
- On-site nursing support
- Individualized care to ensure safety, dignity, and participation



Day Programs across Monmouth County

Branches Achievement Center

Located in Long Branch, the Branches Achievement Center is a Day Habilitation program focused on fostering independence through individualized support, engaging activities, and skill development.
Participants are encouraged to build confidence and self-reliance while actively participating in their communities.

Program Highlights:

- Hands-on cooking and life skills classes
- Fitness and wellness groups
- Financial literacy and money management
- Educational workshops
- Community outings and experiences



Western Monmouth Achievement Center

Located in Morganville, The Western Monmouth Achievement Center is a larger program offering comprehensive medical support alongside opportunities for skill-building, community engagement, and meaningful daily participation. Participants receive hands-on support from trained staff to ensure they can safely and confidently engage in all activities.

Our team is trained to support a wide range of medical needs and adaptive equipment, ensuring the highest level of care and safety.

Supports include:

- Assistance with feeding and specialized diets
- Mobility support for walkers and wheelchairs
- Catheter and colostomy care
- Dysphagia support
- Seizure management





The Achievement Zone (TAZ)

Located in Tinton Falls, TAZ is designed for young adults (typically ages 21–40) who are looking to build independence, strengthen social skills, and actively engage in their communities.

Participants take part in a structured, semester-style program focused on real-world skill development.

Program Activities:

- Community service and outings
- Cooking and housekeeping
- Financial literacy
- Grocery shopping and daily living skills
- Fitness and music programs





Employment Programs

Career Planning: A Personalized Path to Employment

Our Career Planning Program helps individuals with intellectual and developmental disabilities explore their interests, strengths, skills, and employment goals.

Participants typically complete **five two-hour sessions** with a dedicated job coach.

The Career Planning Process

- **Meet Your Job Coach**
  Discuss your goals, interests, strengths, and work preferences.
- **Complete a Sensory Checklist**
  Identify the environments and supports that help you feel comfortable and succeed.
- **Complete Career Assessments**
  Explore your interests, abilities, work preferences, and support needs.
- **Choose a Career Direction**
  Select a career area that matches your interests, strengths, and goals.
- **Create a Skills Plan**
  Identify the skills you already have and the skills you would like to develop.

Next Step

After completing the program, participants move forward with the services that best support their goals:

- **Supported Employment:** Individualized job development, placement, and on-the-job coaching.
- **Pre-Vocational Services:** Skill-building and work-readiness support before entering competitive employment.



Supported Employment

Our Supported Employment program helps individuals find and maintain meaningful employment in their communities.

We provide:

- Resume and application support
- Interview preparation
- Job development and placement
- On-the-job training and coaching
- Ongoing support from employment specialists helping each individual reach their full potential



Work Opportunity Center

- Located in Long Branch, The Arc of Monmouth's Work Opportunity Center (WOC) provides Extended Employment opportunities for individuals with intellectual and developmental disabilities who are not currently able to work in the competitive labor market.
- Through meaningful, hands-on work experiences in a supportive and structured environment, individuals have the opportunity to develop valuable job skills, build confidence, and gain greater independence while participating in long-term employment.
- WOC fosters a strong sense of community, providing individuals with the support and opportunities they need to succeed in the workplace.
- Referrals to the Work Opportunity Center are made through the New Jersey Division of Vocational Rehabilitation Services (DVRS).



Pre-vocational Services

Pre-Vocational Program

Our pre-vocational program is designed to help individuals explore career paths and build meaningful employment skills.

Participants gain hands-on experience in:

- Computer and administrative skills
- Career exploration and job readiness
- Social and networking skills
- Retail and culinary operations

We are committed to fostering inclusion and helping each individual reach their full potential.



Other Programs

Respite Care

Our Adult Continued Care program extends support beyond the traditional day program schedule.

Program Hours:

- Monday–Friday: 2:30 PM – 5:30 PM
- First Saturday of each month: 9:00 AM – 3:00 PM
- Transportation provided

Participants enjoy structured, social activities such as bowling, baking, art, and more in a safe and supportive environment.



Keep Achieving College Program (KACH)

Our Keep Achieving With Us (KACH) Program offers individuals with intellectual and developmental disabilities a unique opportunity to experience college life in a supportive and inclusive environment.

Through a partnership with Brookdale Community College, students build independence, confidence, and real-world skills while exploring academic interests.

Participants engage in a structured, multi-year experience that encourages personal growth, social connection, and a deeper sense of belonging within their community.



Recreation

Our Recreation Program offers individuals with intellectual and developmental disabilities the opportunity to connect, have fun, and engage in activities they enjoy. Through a variety of social, creative, and community-based experiences, participants build friendships, develop new skills, and enhance their overall health and well-being in a welcoming and inclusive environment.



Residential Program

Residential Services

The Arc of Monmouth offers a range of 11 residential options designed to support individuals with intellectual and developmental disabilities at every stage of independence. From group homes to supervised apartments and independent living, our services are person-centered and focused on helping everyone thrive in their community. The Arc of Monmouth remains committed to expanding these options to provide even more flexible and individualized supports.







Residential Options

Supervised Apartments
The Supervised Apartment Program offers individuals the opportunity to live more independently while still receiving structured support. Residents live in apartments within a community setting and receive on-site guidance from staff. This program is often a meaningful transition for individuals living on their own for the first time, with support tailored to each person's unique needs and goals.

Independent Living
Our Independent Living Program supports individuals who are ready for greater autonomy. Participants live in their own apartments and receive scheduled visits from The Arc staff, who provide assistance as needed. Support may include budgeting, meal planning, healthcare coordination, and other essential life skills—empowering individuals to live confidently and independently.

Group Homes
Our group homes are located in residential neighborhoods throughout Monmouth County, providing a safe, supportive, and home-like environment. Each resident receives personalized support from dedicated staff who assist with daily living skills, social development, and community engagement. Our goal is to foster independence while ensuring each individual feels valued, comfortable, and connected.



Why Choose Us?

Our Day Programs are designed to empower each individual through personalized support, engaging experiences, and meaningful community connections.

The Arc of Monmouth is proud to have and offer:

- Compassionate, highly trained staff
- Engaging, person-centered activities
- Unique and inclusive community outings
- Modern, well-equipped facilities
- Innovative, technology-driven programming
- Opportunities to build independent living and pre-vocational skills











The Arc of Monmouth

Contact us to learn more!

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THANK YOU

Stay Connected with The Arc of Monmouth!

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The Arc of Monmouth, Inc.